

## Townsend Letter for Doctors & Patients 1999-2003 Subject Index

### C

- Caffeine, arrhythmias #197 p.144
- Caffeine, children #243 p.32
- Caffeine, exercise #186 p.74-75
- Caffeine, glaucoma #231 p.26
- Caffeine, Parkinson's disease #226 p.146
- Caffeine, TMJ & bruxism #234 p.89
- Calcium #232 p.102-09, #234 p.84
- Calcium, absorption #187 p.112
- Calcium, bioavailability #229 p.110-14
- Calcium, colon cancer #190 p.35
- Calcium, heart disease #190 p.35
- Calcium, kidney stones #226 p.34
- Calcium, PMS #191 p.124
- Calcium, polycystic ovaries #202 p.24
- Calcium citrate, HDL levels #235 p.177
- Calcium regulation, essential fatty acids #217 p.186-87
- Calcium Summit, dairy industry #225 p.25
- Calcium supplements, ciprofloxacin #228 p.26
- Calcium-channel blockers #187 p.39, #209 p.43
- Calcium/vitamin D, fall prevention #245 p.21
- California Physicians' Right to Practice Act (SB2100) #205 p.82
- Caloric restriction, longevity #232 p.56-60
- Campaign for Forgiveness Research ([www.forgiving.org](http://www.forgiving.org)) #221 p.19
- Cancer #239 p.68-70
- Cancer, Abram Hoffer vitamin regimen #239 p.104-06, #241 p.146
- Cancer, acrylamide exposure #241 p.170-71
- Cancer, Advanced Alternatives Cancer Centers natural treatment #227 p.58
- Cancer, aging #244 p.105-10
- Cancer, AHCC® (Japanese mushroom extract) #221 p.68-72, #227 p.54
- Cancer, Albarin (aloe vera product) #223 p.24
- Cancer, allium vegetables (garlic/onion) #228 p.28
- Cancer, alternative clinics #195 p.38
- Cancer, alternative therapy best cases NCI study #207 p.101
- Cancer, alternative treatments #192 p.108, #205 p.91-93, #227 p.14-16, #227 p.127, #228 p.131, #239 p.18, #239 p.22
- Cancer, American Biologics-Mexico #186 p.15-17
- Cancer, angiogenesis inhibitors #231 p.91
- Cancer, antioxidants #204 p.122, #219 p.25, #221 p.37
- Cancer, antitumor agents #215 p.26
- Cancer, artemisinin #233 p.86-88
- Cancer, artichoke #226 p.36
- Cancer, artificial light #186 p.68, #192 p.24
- Cancer, attitudinal factors #207 p.121
- Cancer, azurin (bacteria protein) #235 p.171
- Cancer, Beard's trophoblast theory #239 p.76-84
- Cancer, bee products #213 p.146
- Cancer, beliefs #217 p.170
- Cancer, Beta-alethine #195 p.54-58
- Cancer, beta-carotene #243 p.54
- Cancer, bio-energetic analysis #195 p.86-88, #197 p.116
- Cancer, biochemical enzyme inhibitors #195 p.141, #198 p.114
- Cancer, BioPulse Clinic (Tijuana) #203 p.83-85
- Cancer, birth control pill #192 p.29
- Cancer, breast & prostate nutritional formulas #227 p.78-80
- Cancer, browned meat #192 p.26
- Cancer, Burzynski #187 p.35, #217 p.118-20
- Cancer, CAM treatments #186 p.38-50
- Cancer, cardiac glycosides & alkylating agents #209 p.112
- Cancer, Carnivora (Venus flytrap plant) #220 p.77-80

**Cancer, Carole Bradford** #186 p.15-17, #192 p.108  
**Cancer, causes** #213 p.73-77  
**Cancer, causes/prevention** #227 p.62-65  
**Cancer, Cayce's animated ash** #190 p.68-72, #195 p.104  
**Cancer, cell phones** #198 p.24  
**Cancer, chemotherapy** #210 p.136-37, #211 p.13  
**Cancer, children** #216 p.103  
**Cancer, *Chlorella pyrenoidosa*** #211 p.74-80  
**Cancer, chlorination** #238 p.60-63  
**Cancer, cholesterol-lowering drugs** #209 p.42  
**Cancer, choosing therapies** #202 p.116+  
**Cancer, chromium-nickel alloys** #195 p.104  
**Cancer, cimetidine** #201 p.102, #240 p.100-04  
**Cancer, civilization** #232 p.46-47  
**Cancer, clinical trial misconceptions** #223 p.41+  
**Cancer, clinical trials & ethics** #239 p.36+  
**Cancer, Coley's toxins** #190 p.79, #235 p.140-44, #235 p.171  
**Cancer, complementary medicine** #219 p.24+  
**Cancer, Comprehensive Cancer Care** #217 p.144  
**Cancer, conjugated linoleic acid** #217 p.188  
**Cancer, contaminated MICOM** #217 p.16  
**Cancer, contaminated polio vaccine** #237 p.108-10  
**Cancer, *Coriolus versicolor*** #239 p.132  
**Cancer, cruciferous vegetables** #217 p.47-54  
**Cancer, cytoluminescent therapy** #233 p.36, #234 p.49-50, #239 p.38  
**Cancer, dehydration** #217 p.148  
**Cancer, depression** #190 p.33, #213 p.48  
**Cancer, detoxification & exercise** #202 p.26-29  
**Cancer, DHEA** #214 p.20  
**Cancer, diet** #217 p.146, #240 p.99  
**Cancer, dietary fat** #227 p.144  
**Cancer, dietary fat & ultraviolet radiation** #229 p.136  
**Cancer, dietary minerals** #234 p.92-96, #235 p.128  
**Cancer, digitalis** #240 p.100-04  
**Cancer, digitoxin** #191 p.93  
**Cancer, dipyridamole** #202 p.114+, #240 p.100-04  
**Cancer, documented effects of unconventional treatment** #217 p.57-66  
**Cancer, electromagnetic fields** #196 p.126  
**Cancer, electromagnetic frequency therapy** #239 p.29  
**Cancer, ellagic acid/berries** #225 p.122  
**Cancer, emotional closeness to parents** #199 p.152  
**Cancer, endostatin** #213 p.146  
**Cancer, Endostatin/Angiostatin** #222 p.32  
**Cancer, environmental carcinogens** #189 p.110-11  
**Cancer, epidermal growth factor (Erbix)** #229 p.36  
**Cancer, evaluation of non-conventional treatments** #226 p.37  
**Cancer, evidence-based treatment** #187 p.40  
**Cancer, exercise** #189 p.34-36, #227 p.123  
**Cancer, faith** #217 p.147  
**Cancer, far-infrared ray emitting stone (Goldstone)** #203 p.123-34  
**Cancer, farm chemicals** #186 p.70  
**Cancer, FasL molecule** #217 p.17  
**Cancer, fish** #228 p.28  
**Cancer, fish oil** #195 p.37  
**Cancer, fluoridation** #227 p.60  
**Cancer, flying** #211 p.157  
**Cancer, folate deficiency** #187 p.42  
**Cancer, folic acid** #186 p.78  
**Cancer, food combining** #187 p.14  
**Cancer, garlic** #186 p.54-59  
**Cancer, German clinics** #211 p.12

**Cancer, Gerson therapy (coffee enemas) #216 p.45-50**  
**Cancer, ginseng #195 p.147+**  
**Cancer, Glenn Warner, MD #210 p.164-65**  
**Cancer, Gonzalez therapy #201 p.103**  
**Cancer, Gonzalez-Kelley treatment #217 p.14**  
**Cancer, graviola (*Annona muricata*) #244 p.34**  
**Cancer, Harry Hoxsey #217 p.145, #227 p.122**  
**Cancer, HCPT combination chemotherapy #239 p.66**  
**Cancer, Helmut G. Keller, MD, clinic #193 p.116-28**  
**Cancer, herbal salves #195 p.142+**  
**Cancer, herbal therapy #217 p.157-62**  
**Cancer, herbs #186 p.52**  
**Cancer, high-dose antioxidants #217 p.16**  
**Cancer, homeopathy treatment #217 p.163-65**  
**Cancer, Hulda Clark #190 p.76, #214 p.114, #217 p.121**  
**Cancer, hyperbaric oxygen therapy #192 p.106-07**  
**Cancer, ImmPower™ AHCC #228 p.94+**  
**Cancer, immune system #238 p.38**  
**Cancer, immune system irritation #220 p.22**  
**Cancer, immunodeficiency #211 p.13**  
**Cancer, in companion animals #217 p.141**  
**Cancer, induced hypoglycemia therapy #214 p.62-63**  
**Cancer, Insulin Potentiation Therapy #195 p.94-96, #198 p.113, #202 p.118**  
**Cancer, insulin treatment #213 p.60**  
**Cancer, insulin/hypoglycemia #192 p.106-07, #203 p.83-85**  
**Cancer, integrative treatments course #223 p.42**  
**Cancer, International Bio Care Hospital (Tijuana) #199 p.70-78**  
**Cancer, irinotecan #213 p.147**  
**Cancer, iron #207 p.96-99, #209 p.100**  
**Cancer, Iscador (mistletoe extract) #217 p.26, #231 p.108**  
**Cancer, Jimmy Keller #217 p.143**  
**Cancer, Kanglaite (coix seed/Job's tears) #231 p.32**  
**Cancer, Kelley metabolic therapy #227 p.22**  
**Cancer, Kelley program #239 p.76-84**  
**Cancer, kidney transplants #239 p.29**  
**Cancer, low-level electrical-magnetic treatment #219 p.24**  
**Cancer, macrobiotics #226 p.37**  
**Cancer, magnetic energy treatment #187 p.65-72**  
**Cancer, MaitakeGold 404® #237 p.66-68**  
**Cancer, malnutrition #186 p.62**  
**Cancer, meat #210 p.116**  
**Cancer, medical radiation #209 p.120**  
**Cancer, meditation #186 p.30**  
**Cancer, metabolic typing #235 p.108-10**  
**Cancer, MGN-3 immunotherapy #198 p.58-62**  
**Cancer, MGN3 & chemotherapy #239 p.26**  
**Cancer, MGN3 (rice bran-Shiitake mushroom extract) #235 p.22**  
**Cancer, microbes #217 p.86-91**  
**Cancer, milk #232 p.48-50**  
**Cancer, mind-body medicine #190 p.96-104**  
**Cancer, mind-body therapies #235 p.150**  
**Cancer, molecular markers #195 p.46-52, #196 p.97-102, #197 p.97-101**  
**Cancer, monoterpenes #217 p.68-70**  
**Cancer, National Foundation for Alternative Medicine clinic #226 p.30**  
**Cancer, National Foundation for Alternative Medicine research #209 p.115-16**  
**Cancer, National Foundation for Alternative Medicine treatment #215 p.131**  
**Cancer, Native American Medicine #239 p.61-64**  
**Cancer, natural anti-cancer compounds #217 p.115-17**  
**Cancer, NCCAM research grant #210 p.137**  
**Cancer, neuropathic pain & magnesium #213 p.59**  
**Cancer, nutrition #197 p.128**

**Cancer, nutrition & herbs** #190 p.106-07  
**Cancer, nutritional deficiency** #219 p.154-57  
**Cancer, orthomolecular treatment** #187 p.102-06, #193 p.130  
**Cancer, orthomolecular/diet therapy** #195 p.64-66  
**Cancer, pain** #227 p.18-21  
**Cancer, pancreatic enzymes** #195 p.98-99, #229 p.108-09  
**Cancer, PC SPES contamination** #226 p.36  
**Cancer, percutaneous bio-electrotherapy** #220 p.54-57  
**Cancer, personal account** #195 p.143  
**Cancer, personality** #223 p.130-34  
**Cancer, photodynamic therapy** #233 p.36-38  
**Cancer, phytosterols & NATUR-LEAF** #197 p.87-94, #199 p.86, #199 p.87+  
**Cancer, plotting test scores** #208 p.112-13  
**Cancer, pollution** #210 p.137  
**Cancer, Poly-MVA (lipoic acid palladium complex)** #235 p.92-6  
**Cancer, Polyerga & Klinik Winnerhof** #196 p.80-95  
**Cancer, prevention** #216 p.13  
**Cancer, probiotics** #227 p.62-65  
**Cancer, process of** #195 p.146  
**Cancer, products on the internet** #211 p.13  
**Cancer, Prof. Serge Jurasunas** #195 p.72-79, #198 p.118, #203 p.123-34  
**Cancer, psychological distress** #196 p.69  
**Cancer, radiation** #210 p.112, #227 p.26, #239 p.29  
**Cancer, radiation therapy** #217 p.21+  
**Cancer, radiation-induced in children** #215 p.148  
**Cancer, radioactive iodine** #198 p.25  
**Cancer, Ralph Moss** #186 p.38-50  
**Cancer, Revici Clinic (NYC)** #228 p.108  
**Cancer, RM-10 (medicinal mushrooms)** #225 p.85-90  
**Cancer, selenium** #238 p.23  
**Cancer, selenium-yeast** #195 p.37  
**Cancer, sex hormones** #202 p.54-59  
**Cancer, shark cartilage** #219 p.86-90  
**Cancer, spirulina** #235 p.170  
**Cancer, spontaneous healing** #217 p.171  
**Cancer, stem cells/trophoblasts** #240 p.34-35  
**Cancer, stress** #211 p.142, #239 p.52-54  
**Cancer, sugar** #227 p.27  
**Cancer, suppression of nontoxic therapies** #215 p.136+  
**Cancer, SV (selected vegetables) supplement** #203 p.38  
**Cancer, systemic reaction (abscopal effect)** #238 p.37  
**Cancer, tea** #241 p.64-65  
**Cancer, theophylline** #227 p.109  
**Cancer, theophylline/evening primrose oil** #220 p.91+  
**Cancer, Traditional Chinese Medicine** #217 p.154  
**Cancer, treatment choice federal hearing** #205 p.82  
**Cancer, treatment misrepresentation** #232 p.126+  
**Cancer, tumors & ethanol injections** #189 p.97+  
**Cancer, usage of unconventional treatment** #217 p.57-66  
**Cancer, vaccine & antibody** #195 p.68  
**Cancer, VascuStatin angiogenesis inhibitor** #226 p.85-88  
**Cancer, vitamin C** #195 p.36, #201 p.106, #204 p.129-30, #217 p.142, #217 p.152, #219 p.104, #239 p.30  
**Cancer, vitamin D for bone pain** #208 p.29  
**Cancer, W. Douglas Brodie, MD** #223 p.130-34  
**Cancer, whole body hyperthermia** #193 p.116-28  
**Cancer, www.worldwithoutcancer.com** #207 p.101  
**Cancer, zinc & selenium** #239 p.32  
**Cancer Advisory Panel on Complementary and Alternative** #226 p.37  
**Cancer cachexia, melatonin** #195 p.37  
**Cancer cachexia, soy supplement** #195 p.80-85  
**Cancer cells** #186 p.53

Cancer cells, laser identification #203 p.146  
Cancer drugs #217 p.20  
Cancer drugs, ImClone (Erbix) #225 p.48  
Cancer metastases, stress #217 p.170  
Cancer mortality, emotional support #217 p.171  
Cancer mortality, selenium #217 p.153  
Cancer politics #217 p.145  
Cancer Prevention Coalition ([www.preventcancer.com](http://www.preventcancer.com)) #239 p.143  
Cancer prevention, coenzyme Q10 #197 p.112+  
Cancer prevention, COX-2 inhibitors #208 p.16  
Cancer prevention, modified citrus pectin #192 p.64-66  
Cancer prevention, water deuterium content #192 p.108  
Cancer research, NCCAM research grants #217 p.14  
Cancer risk, airline pilots and crew #201 p.25  
Cancer risk, antioxidants #217 p.17  
Cancer risk, DES #186 p.70  
Cancer survivors #195 p.70-71  
Cancer treatment, mainstream/proven #216 p.20-21  
Cancer treatment, sexual activity #227 p.26  
Cancer treatment, traveling/survival #245 p.28  
Cancer trials, informed consent #227 p.32  
cancerfacts.com #203 p.18  
*Candida albicans* #203 p.54-56, #226 p.123  
*Candida albicans*, asthma #222 p.24  
*Candida albicans*, children #201 p.16  
*Candida albicans*, Crohn's disease #238 p.101  
*Candida albicans*, homeostatic soil organisms (Primal Defense™) #232 p.70-74  
*Candida albicans*, non-drug treatment #216 p.101+  
*Candida albicans*, reduction pilot study #244 p.80-82  
Candidiasis #234 p.100  
Candidiasis, depression #243 p.144  
Candidiasis, tea tree oil #189 p.28  
Candidiasis, urinary markers #245 p.96-97  
Candles, lead wicks #207 p.33  
Cannabis #198 p.50-51  
*Cannabis sativa* (hemp) #216 p.114, #217 p.148  
CAP Clean Air Plant, air quality #210 p.150  
Capillary flow, chronic fatigue immune deficiency syndrome #220 p.16  
Capital University of Integrative Medicine (Washington D.C.) #189 p.12-14, #221 p.117-19  
Capsaicin, arthritis #238 p.99+  
Capsicum #191 p.54+, #227 p.128-33  
*Capsicum annum*, heartburn #237 p.43  
Carbohydrates, aging #186 p.66  
Carbohydrates, blood sugar #199 p.117  
Carcinogenesis, phytochemicals #239 p.56-58  
Carcinogenesis, quantum functional food #220 p.112-16  
*Carcinosin*, perfectionism #241, p.162+  
Cardiac arrhythmia, diet #197 p.144  
Cardiac arrhythmia, stress #209 p.32  
Cardiomyopathy, toxic metals #198 p.23  
Cardiovascular death, Clopidogrel & aspirin #217 p.122  
Cardiovascular disease #229 p.14  
Cardiovascular disease, anger #221 p.51  
Cardiovascular disease, biliary tract chelation #232 p.52-54  
Cardiovascular disease, coenzyme Q10 #192 p.92-95  
Cardiovascular disease, coffee #192 p.30  
Cardiovascular disease, depression #229 p.50  
Cardiovascular disease, EDTA chelation therapy #229 p.22  
Cardiovascular disease, estrogen dominance syndrome #196 p.24-26  
Cardiovascular disease, folate/vitamin B6 #186 p.82  
Cardiovascular disease, infections & selenoproteins #229 p.54-58

Cardiovascular disease, inositol hexaniacinate #201 p.88-92  
Cardiovascular disease, maitake mushroom #187 p.32  
Cardiovascular disease, Nattokinase #232 p.90-93  
Cardiovascular disease, Padma Basic® #241 p.126-30  
Cardiovascular disease, pet owners #237 p.136+  
Cardiovascular disease, second-hand smoke #220 p.12  
Cardiovascular disease, vitamin B6 #213 p.58  
Cardiovascular disease, vitamin C & lysine #196 p.118, #229 p.96-98  
Cardiovascular disease, vitamin C-magnesium study #233 p.21  
Cardiovascular events, air travel #204 p.34  
Cardiovascular function, Carnivora (Venus flytrap plant) #220 p.77-80  
Cardiovascular function, emotional states #241 p.57  
Cardiovascular health, chelation #192 p.82-91  
Cardiovascular response, emotion #192 p.34  
Cardiovascular risk, COX-2 inhibitors #221 p.23  
Cardiovascular risk, stress/hemoconcentration #187 p.47  
Cardiovascular screening device (CardioVision) #207 p.118  
Cardiovascular system, garlic powder products #229 p.46-48  
Cardiovascular system, progesterone-estrogen therapy #229 p.22  
CardioVision, cardiovascular screening device #207 p.118  
Care teams #235 p.28  
Caregivers, stress #235 p.144-5  
Caregivers, stress & illness #227 p.142  
Caregivers, stress & infections #203 p.36  
Cargill Dow, polylactic acid (Natureworks) #240 p.26  
Carnitine, antiepileptic drugs #189 p.21  
Carnitine, nucleoside analogue medications #205 p.33  
Carnitine derivative, intermittent claudication #241 p.44  
Carnivora (Venus flytrap plant) #220 p.77-80  
Carnivora, immune enhancer #193 p.126  
Carotenoids, arterial plaque #187 p.42  
Carotenoids, diabetes #190 p.30  
Carpal tunnel syndrome, aspartame disease #208 p.82-84  
Carpal tunnel syndrome, low level laser therapy #232 p.94-100  
Carpal tunnel syndrome, vitamin B6 #226 p.14  
Carpal tunnel syndrome, yoga #189 p.50, #244 p.149  
Carpeting, outgassed chemicals #215 p.28-30  
Carpeting, toxicity #217 p.172-74  
CarraSorb, freeze dried gel wound dressing #190 p.47-50  
Carrington Laboratories, Inc., wound care products #190 p.47-50  
Case analysis, homeopathy #199 p.148-51  
Casetaking, homeopathy #195 p.110-11, #228 p.148-50, #235 p.56-61  
Castor oil #235 p.26  
Cat methamphetamine experiment, lawsuit #225 p.27  
Cataracts, antioxidant enzymes #192 p.51  
Cataracts, lutein #240 p.32  
Cataracts, vitamin C #192 p.51, #213 p.112-13  
Cataracts, vitamin E #192 p.50, #192 p.51  
Catecholamine, sudden death #209 p.30  
Cats, allergy to #213 p.143  
Cats, healing frequencies #226 p.28  
Cats, leukemia #189 p.26  
Cats, toxoplasmosis #187 p.119  
*Causticum* #196 p.38-40  
CAVITAT (sonography), jawbone cavitations #225 p.102-05, #226 p.111  
Cavitation surgery, systemic disease #225 p.102-05, #226 p.111  
Cavitation osteonecrosis, cell wall deficient forms #187 p.116-17+  
Cavitations, jawbone deterioration #201 p.80-86  
Cavities, *Lactobacillus rhamnosus* GG #232 p.36, #232 p.36  
Cayce, Edgar #190 p.68-72, #195 p.104  
Cayenne pepper (*Capsicum*) #227 p.128-33

**CD4, expression/suppression of emotions #225 p.38**  
**Celebrex, safety #190 p.34**  
**Celiac disease, incidence #241 p.44**  
**Celiac disease, liver disease #233 p.26**  
**Celiac disease, miscarriages #208 p.31**  
**Celiac disease, oats #191 p.35, #210 p.131**  
**Celiac disease, osteoporosis #201 p.42, #219 p.18**  
**Celiac disease, zonulin & gut permeability #215 p.41**  
**Cell differentiation, pau d'arco #191 p.51**  
**Cell extracts, chronic fatigue syndrome #237 p.77-81**  
**Cell function #229 p.156-58**  
**Cell phone radiation #211 p.158**  
**Cell phones #228 p.88-93**  
**Cell phones, brain cancer risk #195 p.62, #205 p.40**  
**Cell phones, brain damage #187 p.56, #201 p.26**  
**Cell phones, cancer #198 p.24**  
**Cell phones, vestibular disturbance #205 p.41**  
**Cell salts #208 p.16**  
**Cell therapy, standardization #229 p.122, #231 p.88, #232 p.120**  
**Cell wall deficient forms #187 p.116-17+**  
**Cellular dehydration, jet lag #229 p.140-41**  
**Cellular detoxification, homeovitic nutraceuticals #197 p.116**  
**Cellular therapy #205 p.73-77**  
**Center for Food Safety and Applied Nutrition (FDA) #231 p.90+**  
**Centers for Cell Specific Cancer Therapy, magnetic energy #187 p.65-72**  
**Cerebral palsy, hyperbaric oxygen therapy #240 p.94-97**  
**Cervical cancer, brassica vegetables #204 p.113-14**  
**Cervical cancer, post-surgical bladder numbness #234 p.136-37**  
**Cervical cytology, Bethesda system #233 p.146**  
**Cervical dysplasia, indole-3-carbinol #209 p.28**  
**Cesarean sections #223 p.107-10**  
**Cesarean sections, doula support #222 p.36**  
**Cesarean sections, midwife protest #209 p.18**  
**Challenge, brain development #187 p.46**  
**Chamomile, anaphylaxis #207 p.124**  
**Chanca Piedra, gallstones & kidney stones #189 p.100-02+**  
**Chaparral, hepatotoxicity #195 p.146**  
**Chaste tree berry, PMS #214 p.155**  
**Cheese, raw-milk crusader Patrick Rance #203 p.18**  
**Chelation #237 p.97**  
**Chelation, angina #232 p.125+**  
**Chelation, atherosclerosis #209 p.77-80**  
**Chelation, cardiovascular health #192 p.82-91**  
**Chelation, collagen vascular disorders #209 p.111**  
**Chelation, FTC advertising restrictions #196 p.121-22, #197 p.86**  
**Chelation, FTC regulation #192 p.114**  
**Chelation, government study #232 p.22+**  
**Chelation, heavy metal detoxification #239 p.110-14**  
**Chelation, Kentucky #197 p.132**  
**Chelation, NCCAM #204 p.127**  
**Chelation, New Jersey ban #232 p.21**  
**Chelation, oral #196 p.70-74**  
**Chelation, rapid injection of calcium-EDTA #239 p.124**  
**Chelation, Robert Kuglin walk #191 p.24-25**  
**Chelation, software #214 p.136**  
**Chelation, study #235 p.134-5**  
**Chelation, University of Calgary clinical trial #216 p.100**  
**Chelation, Wisconsin #234 p.104-08**  
**Chemical contrails #199 p.145**  
**Chemical body burden, web sites #245 p.140**  
**Chemical exposure #204 p.138**

**Chemical exposure, Ron Hubbard's detox program #210 p.15**  
**Chemical injury, lawsuits #204 p.21**  
**Chemical injury, marginalized patients #210 p.14**  
**Chemical injury, PET brain scan #228 p.23**  
**Chemical sensitivity #210 p.166, #241 p.161**  
**Chemical sensitivity, disease theory #210 p.76-84**  
**Chemical sensitivity, low-dose toxicants #232 p.136**  
**Chemicals, CDC study of 'body burden' #216 p.97-99**  
**Chemicals, endocrine disruption #223 p.147-48**  
**Chemicals, Frito-Lay snack food #219 p.17**  
**Chemicals, health problems #241 p.24**  
**Chemicals, hormone-mimicking #196 p.144-46**  
**Chemicals, interaction #186 p.62**  
**Chemicals, lumber #241 p.73-75**  
**Chemicals, sauna detoxification #193 p.76-86**  
**Chemoprevention, crucifers #217 p.72-76**  
**Chemotherapy #209 p.20-22**  
**Chemotherapy (bone marrow suppression), Chinese medicine #227 p.37-38**  
**Chemotherapy, AHCC® (active hexose correlated compound) #228 p.94+**  
**Chemotherapy, antioxidants #204 p.120-21, #221 p.37**  
**Chemotherapy, Ayurvedic herbal formula for side effects #205 p.134-38**  
**Chemotherapy, botanical antioxidants #191 p.50**  
**Chemotherapy, dietary supplement interactions #195 p.92, #196 p.120+, #199 p.88-89, #199 p.90+, #199 p.91-96**  
**Chemotherapy, economic motive #216 p.21**  
**Chemotherapy, Gerson therapy #217 p.16**  
**Chemotherapy, *Ginkgo biloba* #207 p.122+**  
**Chemotherapy, glutamine #195 p.37**  
**Chemotherapy, high-dose antioxidants #217 p.16**  
**Chemotherapy, lung cancer #211 p.13**  
**Chemotherapy, medulloblastoma #201 p.68-73+**  
**Chemotherapy, MGN3 #239 p.26**  
**Chemotherapy, natural compounds #217 p.115-17**  
**Chemotherapy, patient demand #220 p.23**  
**Chemotherapy, side effects #186 p.77**  
**Chemotherapy, vitamin C #204 p.129-30**  
**Chemotherapy Active Support Technology (CAST) #227 p.97-101**  
**Chemotherapy drugs, oncologist profits #239 p.28**  
**Chemotherapy resistance, P-glycoprotein #227 p.97-101**  
**Cheraskin, Emanuel, MD, DMD (obituary) #220 p.37**  
**Cherries, antioxidant effect #189 p.20, #223 p.41**  
**Chewing, memory #203 p.148**  
**CHI Institute, therapeutic infrasound #237 p.19**  
**Chicken, type B blood #193 p.26**  
**Chickenpox, Stevens Johnson Syndrome #222 p.118-21**  
**Chickenpox, vaccine #193 p.167**  
**Child abuse, adolescent emotional problems #201 p.48**  
**Child brain development #189 p.25**  
**Child development #243 p.21**  
**Child development, pesticides #244 p.25**  
**Child development, tooth decay #192 p.26**  
**Child Medication Safety Act of 2003 #239 p.150**  
**Child-rearing, holistic #222 p.129**  
**Childbirth #226 p.102**  
**Childbirth, immediate cord clamping #223 p.121-22**  
**Childbirth, waterbirth #222 p.126**  
**Childhood abuse, adult health risk behavior #216 p.68**  
**Childhood attachment, cortisol levels #192 p.34**  
**Childhood diarrhea, Nepal homeopathy study #205 p.28**  
**Childhood infections, Minor Bupleurum #222 p.50-52**  
**Childhood relationships, cancer in adults #199 p.152**  
**Childhood stress, adult health #199 p.154**  
**Childhood vaccines #197 p.80-82**



**Children, antibiotic overuse** #205 p.38-39  
**Children, arrested growth** #201 p.52-62  
**Children, asthma causes** #205 p.22  
**Children, biochemical imbalance & behavior** #201 p.20  
**Children, brain developing tasks** #201 p.49  
**Children, caffeine** #243 p.32  
**Children, cancer** #216 p.103  
**Children, cell abnormalities** #187 p.32  
**Children, chemotherapy** #201 p.68-73+  
**Children, Chinese medicine** #201 p.32-34  
**Children, cultural pressures** #201 p.38-39  
**Children, diet** #201 p.18  
**Children, diet & mental dysfunction** #205 p.118-19  
**Children, disability benefits** #201 p.36-37  
**Children, environmental health risks** #205 p.24-26  
**Children, fluoride** #221 p.37, #241 p.28  
**Children, food allergies & meal planning** #205 p.16-17  
**Children, herbs** #201 p.31  
**Children, homeopathy** #186 p.86+  
**Children, immunity & suggestion** #201 p.47  
**Children, iron deficiency & breath holding spells** #199 p.158  
**Children, life-threatening illness** #243 p.156  
**Children, mercury** #201 p.100-01  
**Children, metal toxicity** #223 p.90-93  
**Children, mineral deficiencies** #201 p.108-11  
**Children, nutrition** #222 p.131  
**Children, obesity** #186 p.66  
**Children, pain management** #208 p.14  
**Children, phytotherapy** #201 p.132-34  
**Children, radiation** #222 p.46-48  
**Children, radiation-induced cancer** #215 p.148  
**Children, secondhand tobacco smoke** #234 p.28  
**Children, selective serotonin reuptake inhibitors** #193 p.167  
**Children, sleep disturbances** #201 p.22  
**Children, teeth** #225 p.136  
**Children, vaccines** #189 p.104-05  
**Children, violence & psychiatric drugs** #201 p.16  
**Children, yeast overgrowth** #201 p.16  
**Children and Adults with Attention Deficit Disorders (CHADD)** #205 p.20  
**Chili peppers, arthritis** #238 p.99+  
**Chinese herbal medicine (See also Traditional Chinese Medicine)** #192 p.54, #208 p.121  
**Chinese herbal medicine, administering herbs** #214 p.138-39  
**Chinese herbal medicine, AIDS** #225 p.156-159,  
**Chinese herbal medicine, allergic rhinitis** #214 p.52-53  
**Chinese herbal medicine, antibiotics** #232 p.150-51  
**Chinese herbal medicine, back pain** #208 p.126-28, #208 p.34  
**Chinese herbal medicine, broken bones** #202 p.138-39, #204 p.18-19  
**Chinese herbal medicine, chronic fatigue syndrome** #215 p.152-53, #220 p.118-19  
**Chinese herbal medicine, colds & flu** #203 p.165-68  
**Chinese herbal medicine, congestive heart failure** #209 p.128-130  
**Chinese herbal medicine, depression** #213 p.26-29  
**Chinese herbal medicine, diabetes mellitus** #231 p.118-22  
**Chinese herbal medicine, erectile dysfunction** #220 p.70-74  
**Chinese herbal medicine, fear/post-traumatic stress disorder** #229 p.173-75  
**Chinese herbal medicine, ginseng** #219 p.28-29  
**Chinese herbal medicine, hematological diseases** #222 p.37  
**Chinese herbal medicine, hepatitis** #215 p.100-03  
**Chinese herbal medicine, hepatogenic diabetes** #233 p.42-45  
**Chinese herbal medicine, HIV/AIDS** #225 p.16-17  
**Chinese herbal medicine, intestinal gas** #215 p.39  
**Chinese herbal medicine, irritable bowel syndrome** #191 p.40-41, #205 p.141-42

Chinese herbal medicine, liver disease #237 p.26-27  
Chinese herbal medicine, lymphomas #217 p.176-78  
Chinese herbal medicine, menopausal uterine bleeding #192 p.36-38  
Chinese herbal medicine, premature ventricular beats #229 p.30-31  
Chinese herbal medicine, production & use guidelines #215 p.18  
Chinese herbal medicine, prolactin imbalances #223 p.38-40  
Chinese herbal medicine, sinus tachycardia/antipsychotic drugs #226 p.139-40  
Chinese herbal medicine, sleep apnea #235 p.43-5  
Chinese herbal medicine, teething #201 p.32-34  
Chinese herbalist, Dr. Fung #199 p.36  
Chinese herbs #199 p.112  
Chinese herbs, basic guidelines #197 p.38  
Chinese herbs, perimenopausal uterine bleeding #198 p.36-38  
Chinese herbs, stroke #196 p.28-30  
Chinese medical dermatology #238 p.50-52  
Chinese medical psychiatry #213 p.122-23  
Chinese medical psychiatry, hysterical aphonia #237 p.139  
Chinese medical psychiatry, psychogenic cough/asthma #234 p.40-41  
Chinese medical psychiatry, www.chinesemedicalpsychiatry.com #213 p.137  
Chinese medicine, AHDH #243 p.48-50  
Chinese medicine, Blue Poppy Enterprises #203 p.19  
Chinese medicine, bone marrow suppression #227 p.37-38  
Chinese medicine, diabetic acromelic gangrene #241 p.48-51  
Chinese medicine, diabetic peripheral neuropathy #197 p.48-49, #241 p.172-73  
Chinese medicine, herbs #190 p.13, #190 p.15  
Chinese medicine, Herpes zoster #220 p.108-10  
Chinese medicine, history of #229 p.152  
Chinese medicine, language & philosophy #196 p.129  
Chinese medicine, lupus #193 p.40-43  
Chinese medicine, menopausal palpitations #190 p.16-17  
Chinese medicine, multiple sclerosis #244 p.48  
Chinese medicine, nystagmus #239 p.107-09  
Chinese medicine, opioid addiction #216 p.88-92  
Chinese medicine, psychiatric disease #213 p.54-57  
Chinese medicine, senile dementia/Alzheimer's #228 p.38-42  
Chinese medicine, shingles #244 p.85-88  
Chinese pulse examination #245 p.30-32  
Chinese red yeast rice, safety & efficacy #222 p.22  
Chiropractic, back pain #208 p.12-13  
Chiropractic, cost-effectiveness #209 p.19  
Chiropractic, insurance #217 p.19  
Chiropractic, Medicare #207 p.22  
Chiropractic, pain #214 p.106-10  
*Chlamydia pneumoniae* #203 p.50-52  
*Chlamydia pneumoniae*, heart disease #209 p.16  
*Chlorella pyrenoidosa* #211 p.74-80  
*Chlorella pyrenoidosa*, DYNO-Mill processing #237 p.28-32  
Chlorinated water, heart disease #232 p.120, #240 p.111  
Chlorine, cancer #238 p.60-63  
Chlorophyll-rich foods, hemorrhage prevention #222 p.60-64  
Chlorpyrifos, adverse effects #208 p.24-26  
Chocolate #201 p.28-30, #211 p.174, #229 p.134  
Chocolate, antioxidants #227 p.33+  
Chocolate, composition of #231 p.96  
Cholesterol, aggression & depression #214 p.30  
Cholesterol, American Heart Association Step 1 diet #229 p.26  
Cholesterol, artichoke leaf extract #226 p.94-98, #235 p.128  
Cholesterol, calcium citrate #235 p.177  
Cholesterol, Chinese red yeast rice #222 p.22  
Cholesterol, depression #193 p.167, #203 p.146  
Cholesterol, eggs #226 p.70-74  
Cholesterol, elderly functional decline #192 p.26

**Cholesterol, grapefruit pectin #229 p.24**  
**Cholesterol, heart attack #229 p.100-07**  
**Cholesterol, heart disease #220 p.104**  
**Cholesterol, longevity #214 p.28**  
**Cholesterol, lowering program #216 p.101**  
**Cholesterol, margarine #193 p.168**  
**Cholesterol, margarine/butter #186 p.69**  
**Cholesterol, nuts #189 p.27**  
**Cholesterol, red yeast rice #211 p.162**  
**Cholesterol, walnuts #210 p.132**  
**Cholesterol-lowering drugs, cancer risk #209 p.42**  
**Cholesterol-lowering drugs, immune suppression #211 p.157**  
**Cholesterol-lowering drugs, lupus #193 p.146**  
**Cholesterol-lower supplements, ConsumerLab.com #243 p.23**  
**Cholestin, court ruling #190 p.114**  
**Cholestin® (Chinese red yeast rice), cholesterol #222 p.22**  
**Choline, brain development #222 p.22**  
**Choline, fetal alcohol syndrome #220 p.13**  
**Choline, parenteral nutrition #228 p.24**  
**Chondroitin sulfate, label claim deviations #208 p.18-19**  
**Chondroitin sulfate, osteoarthritis #189 p.29**  
**Chondroitin sulfate, safety #207 p.104**  
**Chromium #233 p.126**  
**Chromium, diabetes #189 p.30**  
**Chromium, dysthymic disorder #201 p.40**  
**Chromium, High Resolution ICP-MS #245 p.58-61**  
**Chromium, renal failure #217 p.150**  
**Chromium-nickel alloys, cancer #195 p.104**  
**Chromium picolinate, dermatitis #202 p.24**  
**Chronic degenerative disease, heavy metal detoxification #239 p.110-14**  
**Chronic disease, environmental factors #220 p.20-21**  
**Chronic disease, homeopathic prescribing #235 p.80-4**  
**Chronic disease, microbes #195 p.39, #204 p.22**  
**Chronic fatigue, oxygen #211 p.106-07**  
**Chronic fatigue syndrome #186 p.121, #208 p.68-72, #234 p.126-27**  
**Chronic fatigue syndrome, adolescence #220 p.100**  
**Chronic fatigue syndrome, adrenal exhaustion #243 p.164-65**  
**Chronic fatigue syndrome, Biobran (MGN3) #220 p.48-50**  
**Chronic fatigue syndrome, brain perfusion abnormalities #220 p.16**  
**Chronic fatigue syndrome, cell extracts #237 p.77-81**  
**Chronic fatigue syndrome, cellular oxygen deprivation #220 p.17**  
**Chronic fatigue syndrome, Chinese herbal medicine #215 p.152-53, #220 p.118-19**  
**Chronic fatigue syndrome, cognitive therapy #220 p.26**  
**Chronic fatigue syndrome, Cortef #245 p.118-20**  
**Chronic fatigue syndrome, crimson crescents #208 p.104-05**  
**Chronic fatigue syndrome, cultural values #240 p.26**  
**Chronic fatigue syndrome, cytokines #243 p.124-26**  
**Chronic fatigue syndrome, Dr. Jacob Teitelbaum #227 p.55**  
**Chronic fatigue syndrome, folic acid/vitamins B12 & C #208 p.144**  
**Chronic fatigue syndrome, glandular therapy #193 p.90-92**  
**Chronic fatigue syndrome, herbal treatment #220 p.122-28**  
**Chronic fatigue syndrome, herbs #204 p.20**  
**Chronic fatigue syndrome, hormonal deficiencies #240, p.134-35**  
**Chronic fatigue syndrome, hydrocortisone #189 p.28**  
**Chronic fatigue syndrome, immune modulation #241 p.115-16**  
**Chronic fatigue syndrome, infectious microorganisms #221 p.104-10**  
**Chronic fatigue syndrome, L-carnitine #197 p.36**  
**Chronic fatigue syndrome, *M. fermentans* #187 p.121**  
**Chronic fatigue syndrome, manipulative treatment #244 p.120-22**  
**Chronic fatigue syndrome, mind-body connection #191 p.107**  
**Chronic fatigue syndrome, minerals #209 p.146**  
**Chronic fatigue syndrome, mitochondrial dysfunction #238 p.130-32, #240 p.72-76**

Chronic fatigue syndrome, NADH #191 p.35  
Chronic fatigue syndrome, natural medicine #220 p.45-47  
Chronic fatigue syndrome, nitric oxide/peroxynitrite mechanism #220 p.18  
Chronic fatigue syndrome, nutrition #210 p.166, #220 p.52-53  
Chronic fatigue syndrome, nutritional support #235 p.54-5  
Chronic fatigue syndrome, pain treatment #220 p.17  
Chronic fatigue syndrome, phytotherapy #220 p.101  
Chronic fatigue syndrome, RM-10™ (mushroom formula) #229 p.80-85  
Chronic fatigue syndrome, serotonin metabolism #220 p.140  
Chronic fatigue syndrome, supplements #237 p.34-35  
Chronic fatigue syndrome, Teitelbaum study #203 p.121, #231 p.48-53  
Chronic fatigue syndrome, thymic protein A #233 p.20  
Chronic fatigue syndrome, treatment for animals #220 p.17  
Chronic fatigue syndrome, www.endfatigue.com #220 p.91  
Chronic fatigue immune deficiency syndrome, education #220 p.17  
Chronic fatigue immune deficiency syndrome, impaired capillary #220 p.16  
Chronic fatigue immune deficiency syndrome, nutritional #244 p.113-14  
Chronic fatigue immune deficiency syndrome, virus-allergy link #232 p.140  
Chronic fatigue immune dysfunction syndrome, children #201 p.113  
Chronic fatigue immune dysfunction syndrome, miotic #231 p.70-72  
Chronic illness #241 p.159  
Chronic illness, alternative medicine #210 p.128  
Chronic illness, cultural anthropology #189 p.52-54  
Chronic illness, diet #219 p.62-65  
Chronic illness, effect on spouse #233 p.128  
Chronic illness, HealthTalk.com #217 p.36-40  
Chronic illness, immune system #245 p.72-77  
Chronic illness, narratives #192 p.42-44  
Chronic illness, nutrient uptake #209 p.125-27  
Chronic illness, platelet markers #234 p.66-67  
Chronic illness, quantum medicine #213 p.23-24  
Chronic illness, resource materials #192 p.19  
Chronic illness, spiritual healing #245 p.113  
Chronic inflammatory syndromes, integrative medicine #211 p.14-16  
Chronic lymphocytic leukemia #217 p.36-40  
Chronic myelogenous leukemia, Gleevec #217 p.15  
Chronic obstructive pulmonary disease, N-acetylcysteine #244 p.32  
Chronic problems, isodes #222 p.38-39  
Chronic subcutaneous mycoses #192 p.109  
Chronic venous insufficiency, horse-chestnut seed extract #202 p.152  
Chu Fong, Aldrick, MD (obituary) #217 p.131  
Cigarette smoke, cataracts #192 p.51  
Cigarette smoke, lifespan #201 p.24  
Cigna, CAM in Vermont #197 p.123-25  
Cilostazol, intermittent claudication #219 p.18  
Cimetidine (Tagamet), cancer #201 p.102, #240 p.100-04  
Cimetidine (Tagamet), colorectal cancer #199 p.106, #225 p.113-15  
Cinnamon, *Helicobacter pylori* #190 p.121  
Ciprofloxacin, adverse effects #225 p.118  
Ciprofloxacin, calcium-fortified orange juice #228 p.26  
Circulation, testosterone #189 p.56-65  
Circumcision, negative effects #228 p.121  
Cirrhosis, artichoke bud/sarsaparilla root extract #233 p.76-79  
Cirrhosis, live protein therapy #203 p.79-80  
Cisplatin chemotherapy, vitamin E #241 p.45  
Citizens For Health #193 p.162  
Citizens For Health, genetically modified organisms #197 p.133  
*Citrus aurantium* (orange) extracts, toxicity #207 p.123  
Citrus peel, skin cancer #220 p.22  
Civilization, cancer #232 p.46-47  
Clark, Hulda, PhD, ND, bioelectrical stimulation #203 p.65-67  
Clark, Hulda, PhD, ND, Mexican clinic #216 p.104+

Classical homeopathy #191 p.74-76  
Cleft palate, folic acid deficiency #201 p.23  
Clinical homeopathy #191 p.74-76  
Clinical Nutrition Certification Board #192 p.110+  
Clinical practice guidelines #201 p.140  
Clinical trials #205 p.110  
Clinical trials (cancer), ethics #239 p.36+  
Clinical trials, participant deception #232 p.38  
Clinical trials, therapeutic misconceptions #223 p.41+  
Cloning, pets #231 p.25  
Cluster headaches #207 p.32  
CME (continuing medical education), CAM #209 p.18  
Coates, Paul M., PhD, NIH's Office of Dietary Supplements #199 p.126+  
Coca, traditional cultural context #234 p.44-46  
Coccidiomycosis, Colorado #204 p.124  
Cochlear implants #231 p.23  
Cocoa, hypertension #229 p.23  
Cocoa butter, composition #229 p.134  
Cocoa powder #227 p.33+  
Coconut #241 p.154  
Coconut butter, cholesterol lowering program #216 p.101  
Coconut milk #229 p.134  
Coconut oil, immune enhancement #225 p.127-28+  
Coconut oil, saturated fats #235 p.68-70  
Cod liver oil, pregnancy #222 p.22  
Codex Alimentarius, American Sovereignty Restoration Act #221 p.92  
Codex Alimentarius, supplement access #225 p.40-42, #226 p.29, #234 p.98-99  
Codex Alimentarius, U.S. position #235 p.137-9  
Coenzyme Q10 [See also CoQ10] #192 p.92-95, #233 p.126  
Coenzyme Q10, absorption #219 p.97  
Coenzyme Q10, adriamycin #186 p.77  
Coenzyme Q10, antibody production #197 p.40  
Coenzyme Q10, breast cancer #227 p.30  
Coenzyme Q10, cancer prevention #197 p.112+  
Coenzyme Q10, cellular vitamin E #197 p.41  
Coenzyme Q10, chronic fatigue syndrome #210 p.166  
Coenzyme Q10, chronic renal failure #217 p.150+, #243 p.52  
Coenzyme Q10, fibromyalgia #215 p.116  
Coenzyme Q10, hypertension & coronary artery disease #201 p.40  
Coenzyme Q10, migraine #234 p.35  
Coenzyme Q10, Parkinson's disease #235 p.30  
Coenzyme Q10, statin drugs #229 p.20  
Coenzyme Q10, vitamin B6 #197 p.40  
Coffee, homocysteine #192 p.30  
Coffee, insomnia #208 p.29  
Coffee enemas, Gerson therapy #216 p.45-50  
Cognitive adaptation, reduced risk of restenosis w/ angioplasty #202 p.136  
Cognitive behavioral therapy, depression in diabetics #233 p.35  
Cognitive decline, estrogen therapy #193 p.167  
Cognitive function, *Bacopa monniera* #227 p.92  
Cognitive function, *Ginkgo biloba* #207 p.122+, #211 p.48+  
Cognitive function, isoflavones #243 p.173  
Cognitive function, Korean ginseng & *Ginkgo* #227 p.92+  
Cognitive function, nutritional supplements for elderly #228 p.25  
Cognitive function, soy #209 p.26, #225 p.31  
Cognitive function, walking #226 p.146  
Cognitive function, whole foods #228 p.144-47  
Cognitive performance, marijuana #245 p.114  
Cognitive testing, Cognometer #204 p.160  
Cognitive therapy, chronic fatigue syndrome #220 p.26  
Cognometer, cognitive testing #204 p.160

Coix seed, cancer #231 p.32  
Colchicine, *Ginkgo biloba* #225 p.143+  
Cold prevention, G-Jo Acupressure #233 p.130-31  
*Coleus forskohlii*, weight loss #215 p.115  
Coley's toxins #190 p.79, #235 p.140-44  
Coley's toxins, cancer #235 p.171  
Colic, smoking during pregnancy #226 p.147  
Collaboration for Healthcare Renewal Foundation (CHRF) #245 p.18-19  
Collagen vascular disorders, chelation therapy #209 p.111  
Colloidal silver #189 p.27  
Colloidal silver, FDA/FTC warnings #234 p.26  
Colloidal silver, misleading journal article #226 p.32  
Colloidal silver, poisoning #211 p.160  
Colon cancer #187 p.64  
Colon cancer, blood test #239 p.28  
Colon cancer, calcium #187 p.112, #190 p.35  
Colon cancer, diarrhea #238 p.38  
Colon cancer, diet #239 p.168  
Colon cancer, dietary fiber #190 p.35, #190 p.86  
Colon cancer, folic acid #195 p.36  
Colon cancer, prevention #239 p.46-50  
Colon hydrotherapy #205 p.66-71  
Colonic irrigation #239 p.28  
Colonic mutagens, phenolic acids #195 p.42  
Color blindness, multiple personality disorder #231 p.30  
Color pollution, Japan #186 p.62  
Colorectal adenoma, beta-carotene supplements #243 p.54  
Colorectal cancer, cimetidine #199 p.106, #225 p.113-15  
Colorectal cancer, dietary fiber #192 p.112-13  
Colorectal cancer, fiber #217 p.125  
Colorectal cancer, water intake #196 p.52  
Colostrum, availability #219 p.75-78  
Colostrum, double-blind clinical study #225 p.80-84  
Colostrum, oral vaccine #216 p.26-28  
Colostrum, stomach damage #192 p.28  
Colostrum, transfer of immunity #217 p.92-95  
Comfrey, sprained ankles & skin ulcers #210 p.140-42  
Common cold, *Andrographis* #234 p.36-39  
Common cold, Chinese herbal medicine #203 p.165-68  
Common cold, ethnomedical approach #203 p.32-33+  
Common cold, pleconaril #227 p.31  
Common cold, prevention/remedies #223 p.27  
Common cold, stress #234 p.31, #234 p.32  
Common cold, wine #234 p.21  
Community Supported Agriculture (CSA) #190 p.124-25  
Community, Elderplan #202 p.16  
Compassion #220 p.98  
Complementary & alternative medicine (CAM) #197 p.114, #198 p.34-35, #199 p.152, #231 p.62, #234 p.42, #239 p.150, #245 p.18-19  
Complementary & alternative medicine, AHA & SUNY education #196 p.54  
Complementary & alternative medicine, American Biologics #219 p.30-34  
Complementary & alternative medicine, American Preventive Medicine #211 p.18-19  
Complementary & alternative medicine, animals #205 p.114  
Complementary & alternative medicine, Bachelor degree #235 p.25  
Complementary & alternative medicine, British Columbia #208 p.22, #213 p.149, #217 p.124, #226 p.108+, #231 p.88  
Complementary & alternative medicine, California #205 p.82  
Complementary & alternative medicine, California & Nevada #213 p.147  
Complementary & alternative medicine, Canada #215 p.114  
Complementary & alternative medicine, cancer #219 p.24+, #227 p.14-16  
Complementary & alternative medicine, cancer politics #217 p.145  
Complementary & alternative medicine, cancer research #209 p.115-16

Complementary & alternative medicine, careers #191 p.106  
Complementary & alternative medicine, CDC research #211 p.20  
Complementary & alternative medicine, consumer use #186 p.116, #211 p.20  
Complementary & alternative medicine, continuing medical #209 p.18  
Complementary & alternative medicine, conventional medicine #214 p.14-16  
Complementary & alternative medicine, cost effectiveness #209 p.19  
Complementary & alternative medicine, defining #214 p.22  
Complementary & alternative medicine, diagnosing illness #205 p.44-48  
Complementary & alternative medicine, drcoop.com #203 p.42  
Complementary & alternative medicine, elderly #191 p.56  
Complementary & alternative medicine, employee benefits #196 p.54, #211 p.21  
Complementary & alternative medicine, employer plans #190 p.40  
Complementary & alternative medicine, evidence-based medicine #213 p.149  
Complementary & alternative medicine, expenses #210 p.122  
Complementary & alternative medicine, Fed. of State Med. Boards #213 p.149  
Complementary & alternative medicine, federal funded #213 p.148  
Complementary & alternative medicine, Fetzer Institute #195 p.41  
Complementary & alternative medicine, government regulatory #208 p.92-97, #211 p.91-92+  
Complementary & alternative medicine, Health Care Financing #216 p.37  
Complementary & alternative medicine, health insurance #216 p.37  
Complementary & alternative medicine, Health Net of Oregon #211 p.21  
Complementary & alternative medicine, health promotion #215 p.32  
Complementary & alternative medicine, HealthWise Digest #208 p.132  
Complementary & alternative medicine, HMOs #239 p.38  
Complementary & alternative medicine, homeopathic #205 p.78-81  
Complementary & alternative medicine, Indiana consumer health #186 p.123  
Complementary & alternative medicine, industry cliques #191 p.101-02  
Complementary & alternative medicine, integration #186 p.72  
Complementary & alternative medicine, internet sites #232 p.45  
Complementary & alternative medicine, investigation of cancer #215 p.131  
Complementary & alternative medicine, less conventional care #187 p.50  
Complementary & alternative medicine, mainstream health #187 p.50  
Complementary & alternative medicine, managed care #195 p.40, #203 p.42  
Complementary & alternative medicine, medical boards #198 p.18-19, #209 p.18, #229 p.142-44, #229 p.145-47, #229 p.164-68, #234 p.116-19  
Complementary & alternative medicine, medical models #213 p.62-64  
Complementary & alternative medicine, Medicare #191 p.56  
Complementary & alternative medicine, Minnesota #205 p.82  
Complementary & alternative medicine, national medical database #215 p.146  
Complementary & alternative medicine, NCCAM health services #211 p.20  
Complementary & alternative medicine, Nevada arrest for ozone #197 p.117+  
Complementary & alternative medicine, New York #197 p.132, #216 p.105-09, #223 p.16, #223 p.21-22  
Complementary & alternative medicine, NFAM founder's awards #235 p.20  
Complementary & alternative medicine, NJ court evaluation #215 p.120+  
Complementary & alternative medicine, NY medical board #219 p.128-34  
Complementary & alternative medicine, Ohio freedom legislation #208 p.111  
Complementary & alternative medicine, oncologist resistance #217 p.19  
Complementary & alternative medicine, oncology society bias #229 p.36  
Complementary & alternative medicine, orthomolecular therapy #199 p.24-25  
Complementary & alternative medicine, patient expectations #196 p.104-08  
Complementary & alternative medicine, patient use #196 p.51, #201 p.141  
Complementary & alternative medicine, peer review bias #187 p.38  
Complementary & alternative medicine, popularity #220 p.23  
Complementary & alternative medicine, potential cost-savings #204 p.24  
Complementary & alternative medicine, procedural billing codes #199 p.126+  
Complementary & alternative medicine, research #216 p.36  
Complementary & alternative medicine, self-insured employers #213 p.148  
Complementary & alternative medicine, self-perception #216 p.36  
Complementary & alternative medicine, state legislation #203 p.49, #208 p.20  
Complementary & alternative medicine, suppression of #227 p.122  
Complementary & alternative medicine, terminology #192 p.60-62

Complementary & alternative medicine, textbook #235 p.153  
Complementary & alternative medicine, training #187 p.35  
Complementary & alternative medicine, White House Commission #211 p.21  
Complementary & alternative medicine, Wisconsin #237 p.116-18  
Complementary & alternative therapies, evaluation of #211 p.108+  
Complementary & alternative therapies, popularity #189 p.120  
Complementary & alternative veterinary medicine #192 p.123  
Complementary and Alternative Medicine and Natural Foods #215 p.32  
Complete German Commission E Monographs #197 p.126  
Compounding pharmacies, court ruling #213 p.135  
Compounding pharmacies, FDA interstate policy #193 p.154+  
Compounding pharmacies, restrictions #217 p.124  
Compounding pharmacies, Supreme Court ruling #228 p.15  
Computers, physician office use #203 p.24-25  
Computers, worker stress #195 p.25  
Condoms, STD prevention #245 p.138  
Conflict of interest #187 p.39  
Congestive heart failure, Aldactone #195 p.30  
Congestive heart failure, berberine #245 p.22  
Congestive heart failure, biofeedback #241 p.55  
Congestive heart failure, Chinese herbal medicine #209 p.128-130  
Congestive heart failure, CoQ10 #239 p.131  
Congestive heart failure, depression #229 p.51  
Congestive heart failure, hawthorn #238 p.32, #229 p.128  
Congestive heart failure, ICIM task force #237 p.140-41  
Congestive heart failure, International College of Integrative Medicine #234 p.120  
Congestive heart failure, natural medicine #209 p.26  
Congestive heart failure, naturopathy #187 p.114-15+  
Congestive heart failure, stress #199 p.153, #209 p.32, #211 p.142  
Congestive heart failure, under-hydration #187 p.47  
Congestive heart failure, vitamin C #229 p.25  
Conjugated linoleic acid #186 p.62  
Conjugated linoleic acid, cancer #217 p.188  
Connective tissue disease, *Streptococcus pyogenes* & Sanum #220 p.92-95  
Consciousness, altered states #202 p.16  
Conspiracy #197 p.127  
Constipation, anxiety #235 p.34  
Constipation, biofeedback #215 p.42  
Constipation, cow's milk #186 p.76  
Constipation, women #239 p.164-67  
Constitution, domestic violence clause #189 p.114  
Consumer advocacy, mad cow disease #219 p.39  
Consumer Health Free Speech Act #193 p.154+  
ConsumerLab.com, cholesterol-lowering supplements #243 p.23  
ConsumerLab.com, Ginkgo & huperzine A #240 p.20  
ConsumerLab.com, vitamin C supplements #241 p.24  
Consumers, health care #219 p.22  
Contraception, teenagers #195 p.23  
Contraceptives, risks #225 p.93-96  
Conventional medicine, failings #214 p.14-16  
Conventional medicine, nutritional therapy #239 p.134  
Conversion disorders, electroacupuncture #237 p.139  
Cooking, wheat & sugar-free #225 p.141  
Co-op America National Green Pages, Nature's Life #223 p.19  
Cooperative medicine, China #205 p.30-31  
Copper, diabetes #190 p.29  
Copper, postpartum psychosis #222 p.110-11  
Copper, Von Recklinghausen disease #244 p.117  
Copper, zinc #187 p.44, #221 p.24  
Copyright law #222 p.102-04  
CoQ10, cholesterol lowering program #216 p.101  
CoQ10, congestive heart failure #239 p.131



CoQmelt, fast-melting #237 p.20  
Coral calcium #239 p.138  
Coral calcium, magnesium deficiency #239 p.150  
Cord clamping #201 p.74-78  
Cord clamping, childbirth #223 p.121-22  
*Cordyceps* (caterpillar fungus), immune booster #204 p.40  
*Cordyceps sinensis*, hypertension #223 p.82-84  
*Coriolus versicolor*, cancer #217 p.154, #239 p.132  
*Coriolus versicolor*, HIV patients #204 p.28  
Coronary angiography, N-acetylcysteine #237 p.44  
Coronary artery bypass graft surgery, optimism #229 p.52  
Coronary artery circulation, passive smoking #220 p.12  
Coronary artery disease, angry temperament #229 p.50  
Coronary artery disease, coenzyme Q10 #201 p.40  
Coronary artery disease, depression #190 p.32  
Coronary artery disease, electron beam tomography evaluation #229 p.150  
Coronary artery disease, estrogen therapy/whole foods #223 p.47-52  
Coronary artery disease, ginger & fenugreek #191 p.116  
Coronary artery disease, hostility #229 p.52  
Coronary artery disease, red clover #191 p.125, #195 p.157  
Coronary artery disease, social isolation #235 p.36  
Coronary bypass surgery, *Ginkgo biloba* #190 p.120+  
Coronary bypass surgery, ischemic heart disease #186 p.92-102  
Coronary heart disease, betaine #208 p.28  
Coronary heart disease, hormone replacement therapy #223 p.166-71  
Coronary heart disease, walking #226 p.147  
Coronary mortality, risk factors #229 p.50  
Coronary thrombosis, magnesium #209 p.104  
Corporations, multiple chemical sensitivity #210 p.20-27  
Corsello, Serafina, MD, NY license revocation #223 p.16  
Corsello, Serafina, MD, NY medical board #219 p.128-34, #229 p.164-68  
Cortef, fatigue #245 p.118-20  
*Cortex Eucommiae Ulmoidis* (Du Zhong), allergies #210 p.146-48  
Cortisol #193 p.68-74  
Cortisol deficiency #244 p.100-03  
Cortisol deficiency, pets #239 p.122-23+  
Cosmetic surgery, shamanic culture #237 p.122  
Cosmetics, Gabriel de Santino #203 p.140-145  
Cotton, genetically modified #207 p.15  
Council on Natural Nutrition, nutrient integration #198 p.39  
Counseling, naturopathy #235 p.64-6  
Cousins, Norman #190 p.19  
Cow's milk, constipation #186 p.76  
COX-2, regulation #239 p.28  
COX-2 inhibitors, cancer prevention #208 p.16  
COX-2 inhibitors, cardiovascular risk #221 p.23  
COX-2 inhibitors, Zyflamend® #239 p.120-21  
Coxsackie virus, heart attacks #228 p.114, #232 p.120  
Cranberry, urinary tract infections #186 p.60, #189 p.29, #196 p.113, #232 p.153  
Cranial electrotherapy stimulator (Alpha-Stim), fibromyalgia #220 p.120  
Craniosacral therapy, mental health care #214 p.19  
Craniosacral work #186 p.120  
Creatine #235 p.160-65  
Creatine, brain injury #213 p.143  
Creatine, muscle building #240 p.26  
Creatine, muscular dystrophy #205 p.33  
Credibility #238 p.126  
Creutzfeldt-Jakob disease #203 p.76, #219 p.105-06  
Creutzfeldt-Jakob disease, cyclic tetrapyrroles #219 p.55  
Creutzfeldt-Jakob disease, glandular supplements #219 p.13  
Creutzfeldt-Jakob disease, homeopathy #219 p.44-46

**Creutzfeldt-Jakob disease, mad cow disease** #196 p.130-33  
**Criminal behavior, nutrition** #201 p.18  
**Criminal behavior, prenatal & early childhood nurse supervision** #201 p.47  
**Crimson crescents, chronic fatigue syndrome** #208 p.104-05  
**Crisis, dealing with** #235 p.152  
**Crohn's disease, acupuncture-herb treatment** #238 p.101  
**Crohn's disease, glutamine** #198 p.23, #219 p.18  
**Crohn's disease, herbs** #222 p.116  
**Crohn's disease, Primal Defense™** #211 p.58-63, #241 p.140-43  
**Crohn's disease, probiotics** #220 p.13  
**Crook, William G., MD (obit)** #234 p.19  
**Crops, genetically modified** #190 p.36, #207 p.13, #207 p.15, #207 p.28, #207 p.34-36  
**Crops, MSG spray** #187 p.33  
***Crotalus horridus*, anger/loudness** #234 p.122-23+  
**Cruciferous vegetables, bladder cancer** #192 p.27  
**Cruciferous vegetables, cancer** #217 p.72-76  
**Cruciferous vegetables, cancer prevention** #217 p.47-54  
**Cruelty, homeopathy** #192 p.52+  
**Cuba, acupuncture** #226 p.22-24  
**Cultural creative** #226 p.126-28  
**Cultural values, chronic fatigue syndrome** #240 p.26  
**Culture, depression & melancholy** #213 p.32-34  
**Current Procedural Technology, CAM** #216 p.37  
**Custard apple, neurotoxic effects** #205 p.162  
**Cuts, Crazy glue** #207 p.32  
**Cyanide poisoning, vitamin B12 (hydroxocobalamin)** #234 p.35  
**Cylert (pemoline), adverse liver effects** #197 p.22  
**Cystic fibrosis, fish oil** #197 p.23  
**Cytokines** #241 p.115-16  
**Cytokines therapy** #239 p.68-70  
**Cytoluminescent therapy, cancer** #233 p.36, #234 p.49-50  
**Cytoluminescent therapy, side effects** #239 p.38