

## 2005 REVIEW INDEX for the *Townsend Letter for Doctors & Patients*

---

### A

- Analog Medicine - A Science of Healing* by Ronald L. Hamm, DVM  
(reviewer: Jule Klotter), #259/260 p.119
- The Antibiotic Alternative* by Cindy L.A. Jones, PhD  
(reviewer: Irene Alleger), #262 p.93
- Ask Anything and Your Body Will Answer* by Julie J. Nichols, PhD & Lansing Barrett Gresham  
(reviewer: Jule Klotter), #265/266 p.85

### B

- Breaking Out of Environmental Illness* by Robert Sampson, MD & Patricia Hughes, BSN  
(reviewer: Irene Alleger), #265/266 p.87

### C

- CancerGate* by Samuel S. Epstein, MD  
(reviewer: Ralph Moss), #264 p.108–9
- Cellular Wisdom: Decoding the Body's Secret Language* by Joan C. King, PhD  
(reviewer: Katherine Duff), #263 p.70
- A Clinical Guide to Blending Liquid Herbs* by Kerry Bone  
(reviewer: Jule Klotter), #263 p.68
- Complementary and Alternative Medicine Clinic Design* by Robert A. Roush, PhD  
(reviewer: Jule Klotter), #259/260 p.118

### E

- The Encyclopedia of Medical Breakthroughs and Forbidden Treatments* by Medical Research Associates  
(reviewer: Robert A. Anderson, MD), #261 p.71
- Everyday Homeopathy for Animals* by Francis Hunter, MRCVS, VetFFHom  
(reviewer: Irene Alleger), #259/260 p.121

### F

- The Fibromyalgia Syndrome: A Clinical Case Definition for Practitioners* by I. Jon Russell, MD, PhD, Editor  
(reviewer: Katherine Duff), #261 p.69
- Fight Cancer with Vitamins and Supplements: A Guide to Prevention and Treatment* by Kedar N. Prasad, PhD and K. Che Prasad, MD  
(reviewer: Irene Alleger), #264 p.106
- Food and Loathing: A Life Measured Out in Calories* by Betsy Lerner  
(reviewer: Pat Johnson), #258 p.118

### G

- The Gift of Our Compulsions* by Mary O'Malley  
(reviewer: Irene Alleger), #268 p.98

### H

- Handbook of Psychotropic Herbs* by Ethan Russo, MD  
(reviewer: Irene Alleger), #262 p.91
- Herbal Voices: American Herbalism Through the Words of American Herbalists* by Anne Kathleen Dougherty, MA  
(reviewer: Irene Alleger), #262 p.92

### L

- Living Food for Health* by Dr. Gillian McKeith  
(reviewer: Irene Alleger), #267 p.78

### M

- The Miracle of the Breath* by Andy Caponigro  
(reviewer: Irene Alleger), #267 p.83

- Movement for Self-Healing* by Meir Schneider, PhD, LMT  
(reviewer: Irene Alleger), #258 p.116
- Multiple Chemical Sensitivity: How Chemical Exposures May Be Affecting Your Health* (video) by Alison Johnson & Richard Startzman  
(reviewer: Katherine Duff), #265/266 p.84

### N

- The New Detox Diet: the Complete Guide for Lifelong Vitality with Recipes, Menus, & Detox Plans* by Elson M. Haas, MD with Daniella Chace, MS, CN  
(reviewer: Irene Alleger), #263 p.69
- The Nutrient-Dense Eating Plan* by Douglas L. Margel, DC  
(reviewer: Irene Alleger), #269 p.113

### O

- The Obesity Myth: Why America's Obsession with Weight is Hazardous to Your Health* by Paul Campos  
(reviewer: Pat Johnson), #258 p.118
- The Omega-3 Miracle* by Garry Gordon, MD, DO, MD & Herb Joiner-Bey, ND  
(reviewer: Roy B. Kupsinel, MD), #269 p.112
- Our Toxic World: A Wake Up Call* by Doris Rapp, MD  
(reviewer: Irene Alleger), #259/260 p.122

### P

- Perfect Bones* by Pamela Levin, RN  
(reviewer: Irene Alleger), #261 p.68
- A Physician's Guide to Natural Health Products That Work* by James A. Howenstine, MD  
(reviewer: Curt Maxwell, MD, NMD, DC), #267 p.85
- The Principles and Practice of Integrative Medicine, Volume III, Dysoxygenosis and Oxystatic Therapies* by Majid Ali, MD  
(reviewer: Katherine Duff), #262 p.94–5
- Prolonging Health: Mastering the 10 Factors of Longevity* by J.E. Williams, OMD  
(reviewer: Irene Alleger), #269 p.114

### Q

- Quecksilber: the Strange Story of Dental Amalgam (DVD)*  
(reviewer: Jule Klotter), #264 p.107

### R

- Rawsome!* by Brigitte Mars  
(reviewer: Irene Alleger), #261 p.70
- The Rise and Fall of a Scientific Genius* (video) written & directed by Shawn Montgomery  
(reviewer: Jule Klotter), #268 p.97

### S

- The Spiritual Dimension of Therapeutic Touch* by Dora Kunz with Dolores Krieger, PhD, RN  
(reviewer: Irene Alleger), #258 p.115
- Surviving Healthcare* by Pamela Armstrong MPH, MBA  
(reviewer: Katherine Duff), #258 p.117

### T

- Tourette's Syndrome: Finding Answers, Getting Help (Patient Centered Guide)* by Mitzi Waltz  
(reviewer: Pat Johnson), #267 p.84
- Transcendental Meditation in Criminal Rehabilitation and Crime Prevention* edited by Charles N. Alexander, Kenneth G. Walton, David Orme-Johnson, Rachel S. Goodman & Nathaniel J. Pallone  
(reviewer: Jule Klotter), #259/260 p.120

## 2005 REVIEW INDEX for the *Townsend Letter for Doctors & Patients*

---

*Twitch and Shout: A Touretter's Tale* by Lowell Handler  
(reviewer: Pat Johnson), #267 p.84

### W

*Water Cures: Drugs Kill* by F. Batmanghelidj, MD  
(reviewer: Jule Klotter), #258 p.114

*Water: for Health, for Healing, for Life* by F. Batmanghelidj, MD  
(reviewer: Jule Klotter), #258 p.114

*When Antibiotics Fail: Lyme Disease and Rife Machines, with Critical  
Evaluation of Leading Alternative Therapies* by Bryan Rosner  
(reviewer: Chris Gupta), #268 p.99

### Y

*You Don't LOOK Sick!* by Joy H. Selak & Steven S. Overman, MD,  
MPH  
(reviewer: Irene Alleger), #265/266 p.86