

Author Index 2011

A

- Abdin, Maria**
Response to 'A Puzzling Case' (letter), #331/332 p.96+
- Abraham, Guy E., MD & Brownstein, David, MD**
Iodine Debate Continues (letter), #331/332 p.97–8+
- Adams, Mike**
Children Herded Like Cattle into Maryland Courthouse for Forced Vaccinations, #341 p.77–8
- Allocca, John A., DSc, PhD**
Biometabolic Analysis, **online**
- Ames, Geoffrey S., MD, HMD**
Rebuttal to Dr. Gaby's Iodine Editorial (letter), #331/332 p.99
- Andersens, Robyn, PhD; Standish, Leanna J., ND, PhD; et al**
Is 'Integrated Oncology' Effective? Bastyr University and Fred Hutchinson Cancer Research Center Partner to Find Out, #331/332 p.22–4
- Apostolides, Anthony D., PhD & Apostolides, Ipatia K., BA**
The US Cancer Program and Specific Types of Cancer, 1975-2007: A Failure: Part 1, **online**, #337/338 p.96–101
The US Cancer Program and Specific Types of Cancer, 1975-2007: A Failure: Part 2, **online**, #339 p.68–71
The US Cancer Program and Specific Types of Cancer, 1975-2007: A Failure: Part 3, **online**, #340 p.56–60
- Apostolides, Ipatia K., BA & Apostolides, Anthony D., PhD**
The US Cancer Program and Specific Types of Cancer, 1975-2007: A Failure: Part 1, **online**, #337/338 p.96–101
The US Cancer Program and Specific Types of Cancer, 1975-2007: A Failure: Part 2, **online**, #339 p.68–71
The US Cancer Program and Specific Types of Cancer, 1975-2007: A Failure: Part 3, **online**, #340 p.56–60
- Appleton, Nancy, PhD & Jacobs, G.N.**
Extra Crispy?, #340 p.71–2
Hansel and Gretel Had It Easy-No High-Fructose Corn Syrup, #333 p.76
- Ash, Michael, BSc, DO, ND & Jones, Marty, PharmD**
Can Oral Glutathione Beat IV Therapy?, #335 p.60–2

B

- Banis, Reimar**
Multicenter Study of Psychosomatic Energetics, #334 p.78–81
- Barnett, Jonathan**
Déjà Vu at the FDA, #341 p.80–4
- Bastomski, Jacob, DC**
How We Can Change the Standard of Care (letter), #339 p.84
- Bland, Jeffrey S., PhD**
Making Clinical Sense of the Inflammation/Chronic Disease Story, **online**, #335 p.56–9
- Blaurock-Busch, Eleanor, PhD**
Chelation Article Misleading (letter), #339 p.83
- Bosh, Tatyana, MD**
Bioregulatory Medicine: New Medical Paradigm, #330 p.43–9
- Breger, Barry, MD**
Seeking Experience with Desiccated Thyroid (letter), #336 p.85+
- Briggs, Brian E., MD**
CFL Bulbs Are a Dangerous Experiment (letter), #333 p.79
- Brownstein, David, MD & Abraham, Guy E., MD**
Iodine Debate Continues (letter), #331/332 p.97–8+
- Bryan, Nathan S. & Zand, Janet, L.Ac, OMD**
Unique Combination of Beetroot and Hawthorn Berry Promotes Nitric Oxide Production and Reduces Triglycerides in Humans, #334 p.62–9
- Budinger, Mary**
Drug-Free Solutions to Learning Disabilities, #333 p.71–3
Sir Isaac Newton- You Lost the War on Cancer: News from the 9th Annual International IPT/IPTLD Conference, **online**, #337/338 p.60–5
- Buist, Robert, PhD**
Case History of Man Who Presented with Melanoma to Left Thigh (letter), #333 p.80+

C

- Caditz, Sylvan, PhD**
Myasthenia Gravis and Mercury, #336 p.60–1
- Cannell, John, MD**
Adieu to Professor Hollis (letter), #337/338 p.102
Controlled Vitamin D Trial Released, #339 p.21
The FNB Has Failed Millions (ed), #331/332 p.103
- Cartmell, John W.**
Nutritional Considerations in Massage (letter), #341 p.103–4
- Cassady, William**
Information Sources Survey, US Integrative Medicine/CAM Practitioners, **online**
- Celt, Artemis, ND (See also Showler, Linda, ND)**
A Case of Incipient Autism, **online**, #331/332 p.70–4
Test Result Supports Gluten/Autism Hypothesis (letter), #336 p.85
- Chapdelaine, Perry A., Sr.**
In Memoriam: James Carlson, DO, #339 p.17+
Radioactive Pollution, **online**
- Chappell, L. Terry, MD**
Chelation Therapy for Cardiovascular Diseases: A Dozen Issues Worth Considering, #334 p.42–4
- Chen, Julie T., MD**
Are You Spending Money Putting Toxins in Your Body?, #336 p.92–3
Calming an Inflamed Body, #335 p.42–4
'Do I Have to Live with This Pain Forever?', #339 p.44–5
'I Have Cancer...Now What?', #337/338 p.50–1
Is There Such a Thing as the Fountain of Youth?, **online**, #340 p.89–90
'Why Do I Hurt All Over?', #341 p.113–14
- Chi, Tsu-Tsair, NMD, PhD**
Myomin, an Aromatase Reducer Supplement, for Women's Health, #333 p.48–52
Oxypower: Herbal Supplement for Mitochondrial Efficiency and Cardiovascular Health, #334 p.70–6
- Christian, Roy, MD (retired)**
Omega-3s Are Key to Skin Protection (letter), #335 p.88
- Christianson, Alan, NMD**
Iodine Toxicity Is Clear (letter), #335 p.88
- Cohen, Marcus A.**
Berries, Beetroot, and Curcumin to Prevent and Treat Esophageal Cancer, #331/332 p.111–13
Carrageenan: Pervasive Food Additive that Causes Cancer, Wipes Out Macrophages, and Suppresses Interferon, #336 p.89–91
Hypothyroidism (Low Thyroid): Effects on Women's Health, **online**, #333 p.83–4
Interview with Lorraine Johnson, California Lyme Disease Association, about the Patient Centered Outcomes Research Institute, #337/338 p.106–9
Phytochemicals and Ovarian Cancer: Preventive, Therapeutic, and Synergistic Benefits, #341 p.108–10
Proposed FDA Regulations and Congressional Bills Threaten Dietary Supplement Users and Makers on Many Fronts, #340 p.42–3
Reservations About Offering Recommendations on Treatment, #335 p.97–8
Spotlight on Maryann Napoli, Medical Reporter, Center for Medical Consumers, NYC, #339 p.88–91
Updates on Preclinical Studies on Natural Anti-Cancer Agents: Results Call for Increased Federal Funding of Human Trials, #334 p.93–5
- Collin, Jonathan, MD**
ACAM Meeting, #331/332 p.15
Best of Naturopathic Medicine, #331/332 p.16
Bringing Our Medical Groups Together, #336 p.6+
Calorie Restriction and Longevity, #340 p.15
Cellulite Cure?, #340 p.15
Criminalizing Doctors Who Diagnose Hypothyroidism, **online**, #330 p.6+
The *Dateline* Interview of Suzanne Somers on Alternative Cancer Treatment, #334 p.6+
Discussion of Women's Health Study 'Imprecise' - Publisher's Response, #330 p.78–9

Author Index 2011

- Dr. Gaby's 'Take' on Hypothyroidism, **online**, #330 p.11
Dr. Robert Bradford Passes, #340 p.8+
Elson Haas, MD, **online**, #335 p.8+
FDA Guidance Threatens Supplement Industry, **online**, #339 p.6+
Federal Government Bears Machine Guns in Raid of Pain Doctor, #333 p.6+
Inflammation/Chronic Disease, **online**, #335 p.15
Intravenous Vitamin C and Magnesium Ban, #331/332 p.16
Janet Zand and Nathan Bryan, #334 p.15
Medicare Implements Rules to Prohibit Lab Testing, #331/332 p.6+
Michael Gerber, MD, HMD, #336 p.15
New Printer, #336 p.15
Nutritional Medicine by Alan R. Gaby, MD, #331/332 p.15+
OHM Meeting on Metabolic Syndrome, **online**, #335 p.6+
Pain Free 1-2-3, **online**, #341 p.15
Pain Management is a Pain, **online**, #341 p.6+
Plant-Based vs. Paleolithic Diets, #337/338 p.6+
Robert Lustig, MD, **online**, #335 p.10+
The State of Oregon v. John E. Gambee, MD, **online**, #330 p.11
Thomas E. Levy, MD, JD, #334 p.15
Vitamin D Supplementation Controversy, #336 p.10+
War on Cancer a Failure, #337/338 p.16
- Coomes, Jennifer, BA, LMT**
Using the Feminine to Heal the Aggressive Masculine: Designing Acupuncture Protocols through Naturopathic Philosophy for the Treatment of Excess Yang Conditions, **online**, #331/332 p.82–90
- D**
- Dach, Jeffrey, MD**
Iodine Is Safe and Effective (letter), #331/332 p.100+
- Dalton, Stephen, DO**
Diagnostic Dilemmas in Lyme Disease, **online**, #330 p.67–8
- DeVincentis, Laura, ND, L.Ac & Feigenbaum, E., PhD**
Caring for Chronic Hurt: Childhood Abuse and Holistic Treatment Perspectives, **online**, #331/332 p.91–4
- Drisko, Jeanne A, MD; Sullivan, Garrett G., MD; Qi Chen, PhD**
Open Letter to Integrative Medicine Friends and Colleagues: Prediction of Adverse Effects When Combining Intravenous Vitamin C with Intravenous Glutathione on the Same Day in Cancer Patients, **online**, #341 p.19–20
- E**
- Edwards, Sharry**
Study Finds Link Between GMOs and Current Health Care Crisis, #333 p.74–5
- F**
- Feigenbaum, E. PhD & DeVincentis, Laura, ND, L.Ac**
Caring for Chronic Hurt: Childhood Abuse and Holistic Treatment Perspectives, **online**, #331/332 p.91–4
- Feldman, Martin, MD & Null, Gary, PhD**
The Health-Boosting Properties of Super Foods, #341 p.62–7
Vegetarianism - Part 1: A Philosophical and Historical Perspective, **online**, #336 p.64–7
Vegetarianism - Part 2: Nutritional Aspects of a Vegetarian Diet, #337/338 p.74–9
Vegetarianism - Part 3: The Economic and Taste Benefits of a Vegetarian Diet, **online**, #339 p.52–5
- Fitzgerald, Kara N., ND; Nelson-Dooley, Cass, MS; Janel, Kathleen, ND**
DNA Microbiota Analysis in a 29-Year-old Female with Pancolitis, **online**, #330 p.72–7
- Flade, Mitzi & Null, Gary, PhD**
Gulf War Syndrome: A Deadly Legacy, **online**, #336 p.76–84
- Fonorow, Owen R.**
The FDA Is Targeting Vitamin C - Part 1, #335 p.63–6
The FDA Is Targeting Vitamin C - Part 2, #336 p.68–75
- Fredin, Jerri**
Andrew Weil and the Coffee Enema (letter), #337/338 p.102
- G**
- Gaby, Alan R., MD**
...and Also Helps PREvent Infections in Children (abst), #335 p.36+
Acetyl-L-Carnitine for Alcoholism (abst), #339 p.35+
Adverse Effects of Secondhand Smoke (abst), #337/338 p.34
Adverse Effects of Testosterone Therapy (abst), **online**, #333 p.36
Almonds Improve Heart Disease Risk Factors (abst), #334 p.33
Also Consider Probiotic Therapy (abst), #334 p.32
Another Obscenely Priced, Moderately Effective New Drug (abst), **online**, #336 p.39
Another Unwarranted Attack on 'Alternative Medicine' (ed), #334 p.102–3
Arginine Beneficial for Patients with Head and Neck Cancer (abst), **online**, #336 p.38
Big Brother Usurps Grandfather (ed), #331/332 p.118–19
Bisphosphonates Aren't So Dangerous...Or Are They? (abst), #341 p.42
B Vitamins, Homocysteine, and Brain Atrophy (abst), #334 p.32
B Vitamins Prevent Poststroke Depression (abst), #339 p.35
Calcium During Pregnancy Protects Children's Teeth (abst), #340 p.32
Calcium Supplementation and Cardiovascular Disease (abst), #335 p.38
Case Report: N-Acetylcysteine for Lupus (abst), #331/332 p.47
Cherry Juice, Fibromyalgia, and Research Methodology (abst), **online**, #333 p.34
Cherry Juice for Gout: Reviving an Old Remedy (abst), #334 p.33
Choline Requirements Are Influenced by Menopausal Status and Genetic Factors (abst), **online**, #336 p.38
Chromium Helpful for Overweight Children (abst), #341 p.42
Cinnamon Improves Glycemic Control in Type 2 Diabetes (abst), #335 p.37
Coenzyme Q10 for Age-Related Hearing Loss (abst), #340 p.32
Compounds in Green Tea Prevent Influenza (abst), #341 p.40
Cow's Milk as a Cause of Constipation in Children (abst), #334 p.32
Cranberry for Chronic Nonbacterial Prostatitis (abst), #331/332 p.48
Dark Chocolate and Blood Pressure: Low Doses Are Effective (abst), #334 p.33
Diabetes Drug Bites the Dust (abst), #330 p.28
Diet for Polycystic Ovary Syndrome (abst), #337/338 p.34
Do B Vitamins Prevent Cardiovascular Disease? (abst), #340 p.30
Do Calcium Supplements Cause Cardiovascular Disease? (ed), **online**, #330 p.94–5
Does Cow's Milk Cause Type 1 Diabetes? (abst), #335 p.38
Do Pesticides Cause ADHD? (abst), #335 p.37+
Drugging Our Children (ed), #336 p.106–7
Feed Burn Patients Early (abst), #331/332 p.48
Food Allergy Causes Physical Symptoms in Children With ADHD (abst), **online**, #336 p.38
Fruit and Vegetable Powder Prevents Colds (abst), #330 p.26
Genetic Factors and Serum 25-Hydroxyvitamin D (abst), #331/332 p.46+
Genistein for Endometrial Hyperplasia in Premenopausal Women (abst), #331/332 p.48
Ginger Prevents Chemotherapy Side Effect (abst), #341 p.42
Green Tea Extract for Chronic Lymphocytic Leukemia (abst), #337/338 p.34+
Gymnema Sylvestre for Diabetes (abst), **online**, #336 p.37
High-Fructose Corn Syrup: A Cause of Obesity (abst), #339 p.36
Honey for Coughing Due to Respiratory Tract Infections (abst), #331/332 p.47
How Much Vitamin D Do We Really Need? (abst), **online**, #333 p.35
Insurance Coverage of CAM Therapies (ed), #337/338 p.126+
Iron Deficiency and Congestive Heart Failure (abst), #330 p.28
Is Calcium Harmful for Pregnant Women? (abst), **online**, #336 p.37+
JAMA Bashes Dietary Supplements (Again) (ed), #340 p.101–2
Kava: New Safety Information (abst), **online**, #333 p.34
Magnesium Has an Anti-Inflammatory Effect (abst), #339 p.36+

Author Index 2011

- Mandated Preventive Care: The Expensive 'Free Lunch' (abst), #330 p.28
N-Acetylcysteine for Bipolar Disorder (abst), #339 p.36
N-Acetylcysteine Prevents Toxicity of Antituberculosis Drugs (abst), **online**, #333 p.35
Nutritional Supplement Improves Stress and Mental Function (abst), #335 p.36
Nutritional Support Enhances Healing of Pressure Ulcers (abst), **online**, #333 p.36
Nutritional Treatment of Fatigue (ed), #341 p.124-7
Nutrition Guidelines Foods Versus Nutrients (abst), #330 p.26
Omega-3 Fatty Acids Beneficial for Cardiomyopathy (abst), #341 p.40
Pediatric Cancer Patients Are Deficient in Calcium and Vitamin D (abst), #334 p.33
Preventing Depression in the Elderly with Omega-3 Fatty Acids (abst), #339 p.35
Probiotic for Infantile Colic (abst), **online**, #333 p.35
Probiotic for Recurrent Bacterial Vaginosis (abst), #331/332 p.46
Probiotic Improves Functional Abdominal Pain... (abst), #335 p.36
Probiotic Improves Irritable Bowel Syndrome (abst), **online**, #336 p.37
Probiotic Improves Regurgitation in Infants (abst), #339 p.37
Probiotic/Prebiotic Effective for Atopic Dermatitis (abst), #341 p.40+
Probiotic/Prebiotic Preparation Prevents Infections (abst), #337/338 p.35
Probiotic Prevents Respiratory Infections in Athletes (abst), #340 p.30+
Reply to Geoffrey Ames, MD, #331/332 p.99+
Reply to Jeffrey Dach, #331/332 p.101
Re: Stasis vs. Free Flow of Information, **online**
S-Adenosylmethionine as Adjunctive Treatment for Depression (abst), #330 p.26+
Sambucus Nigra L. (Black Elderberry): Not Just for Influenza (abst), #339 p.37
Selenium for Thyroid Diseases (ed), #339 p.102-3
Selenium Supplementation for Early Prostate Cancer (abst), #330 p.27+
Severe Magnesium Deficiency Associated with Use of a Proton Pump Inhibitor (abst), #337/338 p.34
Subclinical Hypothyroidism and Heart Disease (abst), **online**, #333 p.35+
Taxing the Sick: the Colchicine Story (ed), **online**, #335 p.114
Tomatoes Prevent Sun Damage (abst), #340 p.31+
Topical Manuka Honey for MRSA and Other Wound Infections (abst), #335 p.37
Vitamin A for Acute Pyelonephritis (abst), #340 p.32
Vitamin C Improves Mood in Hospitalized Patients (abst), #330 p.27
Vitamin C Prevents Postoperative Arrhythmia (abst), #334 p.33
Vitamin C Requirements Influenced by Genetic Factors (abst), #337/338 p.34
Vitamin D and Inflammation: Confounding the Laboratory Assessment (abst), #340 p.31
Vitamin D and Mortality: A U-Shaped Curve (abst), #341 p.41
Vitamin D Does Not Improve Glycemic Control (abst), #337/338 p.33
Vitamin D: High Dose Not More Effective Than Moderate Dose (abst), #337/338 p.33
Vitamin D Produces Modest Improvement in Fibromyalgia (abst), **online**, #336 p.39
Vitamin E for Nonalcoholic Fatty Liver Disease (abst), #341 p.41+
Who Shall Live and Who Shall Die? (ed), #333 p.101-2
- Gallagher, Martin, MD, DC**
Drugless Prescriptions for Inflammation, #337/338 p.93-5
- Gambee, John F., MD**
Suspension Not Due to Patient Complaints (letter), #333 p.79+
- Gerber, Michael, MD, HMD**
Burns: Reversing the Ischemic damage and Angiogenesis, **online**, #337/338 p.39-40
Chronic Fatigue-Fibromyalgia: The Adrenal-Thyroid Connection, **online**, #341 p.43-6
Depression, **online**, #339 p.46-9
Gallbladder Rescue, **online**, #336 p.40-1
Live Another Day: Emergency Acupuncture Resuscitation, **online**, #340 p.85
Occult Dental Pathology, #335 p.46-7
- Thirty Years of Progress in Cardiovascular Health, #336 p.44-50
Goldman, Robert, MD, PhD, DO & Klatz, Ronald, MD, DO
Anti-Aging Approaches to Curb the Chronic Inflammatory Response, #335 p.40-1
An Anti-Aging Approach to Depression, #339 p.38-9
An Anti-Aging Approach to Fibromyalgia, **online**, #341 p.38-9
An Anti-Aging Medical Approach to Women's Health, #330 p.32-3
Beware the Air: Anti-Aging Advisory on Harmful Indoor Air Pollutants, #336 p.20-1
Chats with Friends Boost Brainpower (abst), #331/332 p.45
Omega-2s Assist Memory and Cognition (abst), #331/332 p.45
One in Four Americans Dies of Heart Disease: Anti-Aging Tips to Help Avert Being a Statistic, #334 p.34-5
One-Third of All Cancers Is Preventable, #337/338 p.36-8
Tocotrienols Help Boost Immune System (abst), #331/332 p.44+
To Live Long and Well, Embrace the Anti-Aging Lifestyle, **online**, #340 p.34-5
Volunteering May Prolong Longevity (abst), #331/332 p.45
Watermelon Compounds Help Reduce Blood Pressure (abst), #331/332 p.44
Whole Grains Promote Lean Body and Cardiovascular Health (abst), #331/332 p.44
Women Take Heart: An Anti-Aging Approach to Heart Disease, **online**, #333 p.38-9
- Gracer, Richard I., MD**
T3 for Clinical Hypothyroidism (letter), #334 p.82
- Greenblatt, James, MD**
Malorexia: Anorexia Nervosa Redefined, **online**, #339 p.56-63
- ## H
- Haddad, Jack, DPM; Khano, Charlie, MD; Poppay, Carol, RN; Shinnick, Phillip, PhD, L.Ac**
Osteoarthritis of the Knee with a Polyherbal Supplement and MSN with Vitamin C: A Randomized, Double-Blind, Placebo-Controlled Study, #335 p.68-77
- Hall, Brenda**
Learning Reasons Behind Light Sensitivity Is a Relief (letter), #331/332 p.95
- Hoffman, E.J.**
Appreciating the Work of Dr. Thomas E. Levy and Others (letter), #341 p.103
- Holtorf, Kent, MD**
Another Positive Report on Iodine (letter), #331/332 p.102
- Holt, Stephen, MD**
Telomeres and Telomerase As Natural Therapeutic Targets, **online**
- Houston, Reagan**
Cancer and Medical Politics, #337/338 p.89-92
- Hudson, Tori, ND**
Black Cohosh (*Cimicifuga Racemosa*) in Tamoxifen-Treated Breast Cancer Patients, #335 p.112+
Breast Cancer and Environmental Medicine: A Plan for Reducing Risks, #336 p.104-5
Breast Cancer Research, #337/338 p.123-4+
Chronic Insomnia and Adrenal Dysregulation, **online**, #339 p.99-100+
Cranberry and UTIs (abst), #335 p.113
Hibiscus and Hypertension, #331/332 p.117
HRT Research Update and Breast Cancer, #331/332 p.116
Maitake Mushroom Extract and Polycystic Ovarian Syndrome (abst), #335 p.112
Omega-3s and Cardiovascular Disease: Let's Get Specific, #334 p.98-101
Pretreatment Evaluation of Perimenopause and Menopause: An Apparently Controversial Opinion, #330 p.92-3
Probiotics in Pregnant Women to Prevent Allergies (abst), #335 p.113
Rhodiola Rosea: An Important Adaptogen, #341 p.122-3
Stories of Importance in 2010, #333 p.98-100
Testosterone Therapy in Postmenopausal Women, #340 p.98-100
Vaginal Probiotic Capsules for Recurrent Bacterial Vaginosis, #331/332 p.116+

J

- Jacobs, G.N. & Appleton, Nancy, PhD**
Hansel and Gretel Had It Easy-No High-Fructose Corn Syrup, #333 p.76
- Jaffe, Russell, MD, PhD**
Fibromyalgia: Resolution of Pain by Reconditioning Immune Control and Musculoskeletal Systems, #341 p.68–72+
LRA by ELISA/ACT Tests and Plans (letter), #335 p.91–2
- Janel, Kathleen, ND; Fitzgerald, Kara N., ND et al**
DNA Microbiota Analysis in a 29-Year-old Female with Pancolitis, **online**, #330 p.72–7
- Jernigan, David A., DC**
Bacteria-Focused Treatments in Lyme Disease May Be Incorrect, #336 p.58–9
- Johansson, Olle; Gullbrandsson, Annika; Dämvik, Mats; Hallberg, Örjan; Hellberg, Kalle; Lindkvist, Lena**
Sweden Disregards Precautionary Principle in Wireless Technology Development (letter), #335 p.89–90
- Jones, Marty, PharmD & Ash, Michael, BSc, DO, ND**
Can Oral Glutathione Beat IV Therapy?, #335 p.60–2
- Jurasunas, Serge, MD(Hom), ND**
Breast Cancer: Prevention, Detection targeting Molecular Markers, **online**
A Case in Which a Combination of Natural Compounds Was Effective in Metastatic Breast Cancer, **online**, #333 p.65–70
- Jurasunas, Serge, ND, MD (Hom)**
Breast Cancer: Prevention, Detection targeting Molecular Markers, #337/338 p.80–8
- ## K
- Khano, Charlie, MD; Haddad, Jack, DPM; et al**
Osteoarthritis of the Knee with a Polyherbal Supplement and MSN with Vitamin C: A Randomized, Double-Blind, Placebo-Controlled Study, #335 p.68–77
- Kitaeff, Richard, ND, L.Ac**
Pain Doctors and Opiates (letter), #335 p.89
- Kitt, Douglas**
Antiviral Activity of Dehydroascorbic Acid (letter), #339 p.82+
- Klatz, Ronald, MD, DO & Goldman, Robert, MD, PhD, DO**
Anti-Aging Approaches to Curb the Chronic Inflammatory Response, #335 p.40–1
An Anti-Aging Approach to Depression, #339 p.38–9
An Anti-Aging Approach to Fibromyalgia, **online**, #341 p.38–9
An Anti-Aging Medical Approach to Women's Health, #330 p.32–3
Beware the Air: Anti-Aging Advisory on Harmful Indoor Air Pollutants, #336 p.20–1
Chats with Friends Boost Brainpower (abst), #331/332 p.45
Omega-2s Assist Memory and Cognition (abst), #331/332 p.45
One in Four Americans Dies of Heart Disease: Anti-Aging Tips to Help Avert Being a Statistic, #334 p.34–5
One-Third of All Cancers Is Preventable, #337/338 p.36–8
Tocotrienols Help Boost Immune System (abst), #331/332 p.44+
To Live Long and Well, Embrace the Anti-Aging Lifestyle, **online**, #340 p.34–5
Volunteering May Prolong Longevity (abst), #331/332 p.45
Watermelon Compounds Help Reduce Blood Pressure (abst), #331/332 p.44
Whole Grains Promote Lean Body and Cardiovascular Health (abst), #331/332 p.44
Women Take Heart: An Anti-Aging Approach to Heart Disease, **online**, #333 p.38–9
- Klotter, Jule**
Aspartame Myth?, #335 p.85–7
Balneotherapy (abst), #341 p.25
Baltimore Longitudinal Study of Aging (abst), #340 p.20
Beta-Glucan and Cancer Treatment (abst), #337/338 p.42
Bi-Digital O-Ring Test (abst), **online**, #330 p.15
Biodanza (abst), #341 p.25+
- Biological Transmutations (abst), **online**, #330 p.15+
Brain Connectivity in Fibromyalgia (abst), #341 p.26+
Broken Heart Syndrome (abst), #334 p.27
Calorie Restriction and Longevity (abst), #340 p.20+
CAM Cost Minimization Analysis (abst), #341 p.27+
CAM Interventions for Chronic Pain (abst), #341 p.28+
Chaga (abst), #337/338 p.42+
Cognitive-Behavior Therapy and Hypnosis (abst), #341 p.33
Colored Light Therapy (abst), #331/332 p.28+
Controlling the Uncontrolled with Stories (abst), #334 p.28+
Dental Amalgam (abst), **online**, #330 p.14+
Detecting Allergens (abst), **online**, #335 p.19
Diet and Attention Deficit/Hyperactivity Disorder (abst), **online**, #339 p.24
Diet's Effect on Blood (abst), **online**
Electromagnetic Radiation and the Precautionary Principle (abst), #336 p.22+
Energy Psychology (abst), **online**, #339 p.25
Evaluation of ACC/AHA Clinical Practice Guidelines (abst), #334 p.25
Evidence of Flu Vaccine During Pregnancy (abst), **online**, #333 p.20+
Fast-Track Drugs (abst), #337/338 p.42+
Focused Ultrasound for Fibroids (abst), **online**, #333 p.27
Food Poisoning (abst), #331/332 p.36+
Gastrointestinal Microbes and Rheumatoid Arthritis (abst), **online**, #335 p.28
Genetic Testing (abst), **online**, #330 p.16+
Grandmother Hypothesis of Menopause (abst), **online**, #333 p.25+
The Grandmother Project (abst), **online**, #333 p.26+
Health at Every Size (abst), #334 p.27+
Heavy Metals, Mercury Amalgams, and Autoimmunity (abst), **online**, #335 p.20
Hemi-Sync Audio Technology (abst), #331/332 p.33+
The Home Birth Debate (abst), **online**, #333 p.27+
Homeopathy and Heavy Metals (abst), #336 p.24+
Homeopathy and Mental Illness (abst), **online**, #339 p.25+
Homeopathy Hypothesis (abst), #336 p.25+
Improving Health Care While Reducing Costs (abst), #334 p.26+
Intravenous Ascorbic Acid and End-Stage Cancer (abst), #337/338 p.45+
Investigating Ki (Chi) Energy (abst), **online**, #330 p.20+
Late Effects of Cancer Treatment (abst), #337/338 p.46+
LDL Cholesterol (abst), #334 p.30
Leaky Gut, Autoimmunity, and Celiac Disease (abst), **online**, #335 p.19+
Lion's Mane (*Hericium erinaceus*) and Dementia (abst), #340 p.26
Live Blood Analysis (abst), **online**
Low-Normal Iron Levels and Fibromyalgia (abst), #341 p.34
Lymphatic Drainage Therapy (abst), #336 p.26
Maitake SX-Fraction and Polycystic Ovary Syndrome (abst), **online**, #333 p.28+
Managing Autoimmune Disease (abst), **online**, #335 p.27+
MCTs and Alzheimer's (abst), #331/332 p.34+
Meditation for Mental Disorders (abst), **online**, #339 p.26+
Methanol and Multiple Sclerosis (abst), **online**, #335 p.20+
Mitochondria and Longevity (abst), #340 p.27+
Naturopathic Treatment of Rotator Cuff Tendonitis (abst), #331/332 p.36
Nephrogenic Systemic Fibrosis (abst), #336 p.26
Nickel Nanoparticles and Atherosclerosis (abst), #334 p.29+
Petroleum Chemicals, Mercury, and SLE (abst), **online**, #335 p.28–9
Post-Chemo Brain (abst), #337/338 p.47+
Prescription Drugs and Older Persons (abst), #340 p.25+
Psychiatry and Drugs (abst), **online**, #339 p.27+
Purpose and Longevity (abst), #340 p.26+
Qigong and Tai Chi (abst), #331/332 p.37
Questions About Glyphosate (Roundup) (abst), #341 p.33+
The Specter of Ghostwritten Studies (abst), **online**, #330 p.20
Teenage Menstrual Cycle and Bone Health (abst), **online**, #333 p.29
Testing for Environmental Metal Exposure (abst), #336 p.23+
Townsend Letter Tops Survey (abst), #336 p.22

Triage Theory of Aging (abst), #340 p.28+
 True Cancer Prevention (abst), #337/338 p.48+
 Umbilical Cord Blood (abst), #337/338 p.49
 Uranium (abst), #336 p.26+
 US Bureaucratic Threat to Health Freedom (abst), #331/332 p.33
 Vitamin B12 Deficiency in Older People (abst), #340 p.29
 Vitamin D and Calcium for Eye Problems (abst), #334 p.30+
 Vitamin D-Vitamin A Interaction (abst), #331/332 p.38

Kohlstadt, Ingrid, MD, MPH
 Diagnosing Cranial Nerve Impairment: The Scent of Successful Weight Loss, #330 p.30-1
 My Vote for the Best of Natural Medicine: Vitamin D, #331/332 p.107-8
 News to Snooze, #339 p.92-3
 Nutrition Advice That Doesn't Age, #340 p.93-4
 PerseCHEERance: Books by Gifted Healers, #341 p.118-19
 RetrieveSM: Extend the Life of Your Memory Part 1, #334 p.88-9
 RetrieveSM: Extend the Life of Your Memory Part 2, #335 p.99-100
 Skipping Stones: Using Diet and Nutrients to Prevent Kidney Stones, #336 p.94-5
 The 3-D Diet History: Helping Cancer Survivors Champion Culinary Traditions, #337/338 p.52-3
 Weight...Don't Tell Me! How Women Can Create a Dieting Advantage, #333 p.93-4

L

LeBeau, Conrad
 Cell Phone Towers: The 3 a.m. Alarm Clock, **online**

Levine, Stephen, PhD
 A Marriage Made on Earth: How Vitamin D and Vitamin A Balance Each Other, #331/332 p.49-52

Levy, Thomas E., MD, JD
 Arterial Scurvy: A Unified Theory of the Etiology, Prevention, and Reversal of Coronary Atherosclerosis, #334 p.46-57
 Discussion of Women's Health Study 'Imprecise' (letter), #330 p.78-9

M

Marc, David, BSc & Olson, Kelly, PhD
 Hypersensitivity Reactions and Methods of Detection, #330 p.69-71

Marchese, Marianne, ND
 Autoimmune Disease and the Environment, #335 p.95-6
 Breast Cancer and Bisphenol A, #337/338 p.114-15+
 Detoxification Strategies for Women's Health, #333 p.89-92
 Provocative Heavy Metal Testing: Which Chelator Is Best?, #330 p.89-91
 What Affects Men's Hormones?, **online**, #340 p.36-7

Marks, Edith S.
 Nutrition As a Major Oral Therapy for Glaucoma, #340 p.73-80

Maxwell, Dr. Curt
 Sun Avoidance Is Not the Answer to Photoaging (letter), #331/332 p.96

McFadzean, Nicola, ND
 A Naturopathic Doctor's Treatment of Lyme Disease, **online**, #333 p.54-63

McQuillan, Sharon, MD
 The Effective Treatment of Cellulite, **online**, #340 p.44-6
 Improvements in C-Reactive Protein, Lipid Profile, and Insulin Resistance from High Volume Liposuction: The Bariatric Surgery of the Future, **online**, #341 p.85-91

Meiss, Dennis, PhD; Olmstead, Stephen, MD et al
 Practical Use of Probiotics and Prebiotics, **online**, #336 p.52-6

Meiss, Dennis, PhD; Wolfson, David, ND; et al
 Natural Approaches to Modulation of Inflammatory Pathways, #335 p.48-55

Meyer, Diane, DDS
 My Quest for Health (letter), #336 p.86-7

Misner, Bill, PhD
 What Food Choices Are a Matter of Life and Death?, **online**

Moss, Ralph W., PhD
 Brain/Exercise, #341 p.35
 BreastDefend, #330 p.34-6
 CAM and the American Society of Clinical Oncology, **online**, #337/338 p.30-2
 How Goes the War?, **online**, #335 p.32-4
 Leukemia/Vidaza, #341 p.35
 Lung Cancer/Xalkori, #341 p.36
 Lymphoma/Adcetris, #341 p.36
 Melanoma/Exercise, #341 p.37
 Melanoma/Yervoy and Zelboraf, #341 p.36+
 'No Turning Back': The 20th Anniversary of Alternative Medicine at the NIH, #331/332 p.40-2
 Pancreas/Folfirinox vs. Gemzar, #341 p.37
 Progress Against Chronic Lymphocytic Leukemia, #340 p.38-40
 Two New Drugs Emerge for Melanoma, #339 p.40-2
 A Visit to the IAT Clinic, #334 p.36-8
 A Visit to the Tijuana Clinics, **online**, #333 p.30-3

N

Nathan, Neil, ND & Van Konyenburg, Richard A., PhD
 Treatment Study of Patients with Chronic Fatigue Syndrome and Fibromyalgia, based on the Glutathione Depletion-Methylation Cycle Block Hypothesis, #341 p.53-9

Naydis, Eleonora, ND, L.Ac; Standish, Leanna J., ND, PhD; et al
 Is 'Integrated Oncology' Effective? Bastyr University and Fred Hutchinson Cancer Research Center Partner to Find Out, #331/332 p.22-4

Nelson-Dooley, Cass, MD; Fitzgerald, Kara N., ND et al.
 DNA Microbiota Analysis in a 29-Year-old Female with Pancolitis, **online**, #330 p.72-7

Null, Gary, PhD & Feldman, Martin, MD
 Fluoridation: Medicating our Water- Part 3, **online**, #330 p.54-61
 The Health-Boosting Properties of Super Foods, #341 p.62-7
 Vegetarianism - Part 1: A Philosophical and Historical Perspective, **online**, #336 p.64-7
 Vegetarianism - Part 2: Nutritional Aspects of a Vegetarian Diet, #337/338 p.74-9
 Vegetarianism - Part 3: The Economic and Taste Benefits of a Vegetarian Diet, **online**, #339 p.52-5

Null, Gary, PhD & Flade, Mitzi
 Gulf War Syndrome: A Deadly Legacy, **online**, #336 p.76-84

O

Offenhauser, Nancy, DC
 An Alternative to Thyroid Biopsy for Diagnosis of Nodule (letter), #333 p.77
 Treating Myasthenia Gravis with Castor Oil Packs and Choline Supplement (letter), #334 p.82+

Olmstead, Stephen, MD; Meiss, Dennis, PhD; Ralston, Janet, BS
 Practical Use of Probiotics and Prebiotics, **online**, #336 p.52-6

Olmstead, Stephen, MD; Wolfson, David, ND; et al
 Natural Approaches to Modulation of Inflammatory Pathways, #335 p.48-55

Olson, Kelly, PhD & Marc, David, BSc
 Hypersensitivity Reactions and Methods of Detection, #330 p.69-71

P

Pettit, Janet
 Posthumous Thanks to Hoffer (letter), #333 p.77+

Pina, Stephanie, ND, L.Ac
 The *Merck Manual* Welcomes Alternative Medicine, **online**, #331/332 p.64-8

Poppay, Carol, RN; Haddad, Jack, DPM; et al
 Osteoarthritis of the Knee with a Polyherbal Supplement and MSN with Vitamin C: A Randomized, Double-Blind, Placebo-Controlled Study, #335 p.68-77

Author Index 2011

Prousky, Jonathan E., ND, MSc

Understanding the Serum Vitamin B12 Level and Its Implications for Treating Neuropsychiatric Conditions: An Orthomolecular Perspective, **online**, #331/332 p.54–63

Q

Qi Chen, PhD; Drisko, Jeanne A., MD et al.

Open Letter to Integrative Medicine Friends and Colleagues: Prediction of Adverse Effects When Combining Intravenous Vitamin C with Intravenous Glutathione on the Same Day in Cancer Patients, **online**, #341 p.19–20

R

Ralston, Janet, BS; Olmstead, Stephen, MD et al

Practical Use of Probiotics and Prebiotics, **online**, #336 p.52–6

Ralston, Janet, BS; Wolfson, David, ND; et al

Natural Approaches to Modulation of Inflammatory Pathways, #335 p.48–55

Rea, William J., MD

Complementary Physicians: Do Not Trust State Medical Boards (letter), #331/332 p.95

Reichenberg-Ullman, Judyth, ND

Natural Medicine for Children Needed More than Ever (letter), #339 p.82

Reichenberg-Ullman, Judyth, ND & Ullman, Robert, ND

An Effective Homeopathic Remedy for Rabid Rage, #334 p.90–2

Homeopathy for Acute Dental Pain, #337/338 p.112–13

Homeopathy for Mitral Valve Prolapse Resulting From Rheumatic Heart Disease, #335 p.103–6

Homeopathy for Morning Sickness, #336 p.96–7

Now that Arnica Worked, There's a Wide World of Homeopathic Healing for You, #339 p.94–5

Successful Homeopathic Treatment of Bipolar Disorder, #330 p.80–2

Treating Psychic and Spiritual Children with Homeopathic Medicine, #331/332 p.104–6

Treating Your Autism Spectrum Child with Homeopathy: An Introduction for Parents New to Homeopathic Medicine, #333 p.85–8

Treatment of Anxiety, #340 p.86–8

A Woman with a Seven-Year History of Anxiety, #341 p.115–16

Rodgers, Darrell

FDA's New Attack on Supplements: Bury Them in Regulation and Red Tape, #337/338 p.127

Ross, Julia

Eliminating the Top Causes of Insomnia: Neurotransmitter Deficiency and Cortisol Excess, #339 p.64–7

Rowen, Robert, MD

Prolozone Arrives in India, **online**, #335 p.82–4

S

Sandberg-Lewis, Steven, ND

Proton Pump Inhibitors - A Risky Experiment?, **online**, #331/332 p.76–80

Saul, Andrew W. & Spencer, Alan

Vitamin C and Cardiovascular Disease, #334 p.16–18

Saul, Andrew W. & Vaman, Jagan N., MD

No Deaths from Vitamins - None at All in 27 Years, #339 p.19

Saul, Andrew W., PhD

Folic Acid Does Not Cause Cancer--So Who Made the Mistake?, #333 p.15

Schachter, Michael B., MD, CNS

Integrative Oncology for Clinicians and Cancer Patients: Part 1, **online**, #337/338 p.66–73

Integrative Oncology for Clinicians and Cancer Patients: Part 2, **online**, #339 p.72–80

Integrative Oncology for Clinicians and Cancer Patients: Part 3, **online**, #340 p.61–4+

Integrative Oncology for Clinicians and Cancer Patients: Part 4, **online**, #341 p.92–102

Shaw, William, PhD

Overview of Organic Acid Testing, #330 p.62–4

Shinnick, Phillip, PhD, L.Ac & Haddad, Jack, DPM; et al

Osteoarthritis of the Knee with a Polyherbal Supplement and MSN with Vitamin C: A Randomized, Double-Blind, Placebo-Controlled Study, #335 p.68–77

Shuler, Pamela A., DNSc

The Ultimate Food Fight: Food vs. Supplements, **online**, #335 p.78–81

Sinatra, Stephen T., MD with Martin Zucker

Earthing Update - Outstanding Benefits...with a Few Caveats, #334 p.59–61

Smith, Pamela W., MD, MPH

DHEA and Cortisol, #341 p.60–1

The Importance of Natural Hormone Replacement in Women, #340 p.51–5

Spencer, Alan & Saul, Andrew W.

Vitamin C and Cardiovascular Disease, #334 p.16–18

Standish, Leanna J., ND, PhD; Sweet, Erin, ND; Naydis, Eleonora, ND, L.Ac; Andersens, Robyn, PhD

Is 'Integrated Oncology' Effective? Bastyr University and Fred Hutchinson Cancer Research Center Partner to Find Out, #331/332 p.22–4

Stockham, Kristin

Article Helps Readers Make Informed Choices (letter), #331/332 p.96

Strasheim, Connie

The Advantages of Diagnosing Chronic Lyme Disease With ART, #336 p.62–3

Excerpt from Chapter 5 of *Defeat Cancer: 15 Doctors of Integrative and Naturopathic Medicine Tell You How*, #337/338 p.54–9

Sullivan, Garrett G., MD; Drisko, Jeanne A., MD et al

Open Letter to Integrative Medicine Friends and Colleagues: Prediction of Adverse Effects When Combining Intravenous Vitamin C with Intravenous Glutathione on the Same Day in Cancer Patients, **online**, #341 p.19–20

Sweet, Erin, ND; Standish, Leanna J., ND, PhD; et al.

Is 'Integrated Oncology' Effective? Bastyr University and Fred Hutchinson Cancer Research Center Partner to Find Out, #331/332 p.22–4

T

Teitelbaum, Jacob, MD

Effective Treatment of Chronic Fatigue Syndrome and Fibromyalgia: A Comprehensive Medicine Approach, **online**, #341 p.48–52

Teta, Jade, ND & Teta, Keoni, ND, L.Ac

Exercise and Branched Chain Amino Acids, #339 p.96+

Functional Movement Systems, #335 p.101–2

Glycogen Loading for Weight Loss, #341 p.111+

L-Arginine Potentiates Fat Loss, **online**

Metabolic Conditioning, **online**, #336 p.98–9

The Metabolic Effect, #337/338 p.110–11

The New Science of Building Muscle, #330 p.83–4

Short Intense Workouts Improve Health, #340 p.95–6

Vascular Occlusion Training for Muscle Growth, #331/332 p.109–10

Weight Training: The New Cardio?, #333 p.95–6

Teta, Keoni, ND, L.Ac & Teta, Jade, ND

Exercise and Branched Chain Amino Acids, #339 p.96+

Functional Movement Systems, #335 p.101–2

Glycogen Loading for Weight Loss, #341 p.111+

L-Arginine Potentiates Fat Loss, **online**

Metabolic Conditioning, **online**, #336 p.98–9

The Metabolic Effect, #337/338 p.110–11

The New Science of Building Muscle, #330 p.83–4

Short Intense Workouts Improve Health, #340 p.95–6

Vascular Occlusion Training for Muscle Growth, #331/332 p.109–10

Weight Training: The New Cardio?, #333 p.95–6

Author Index 2011

U

Ullman, Robert, ND & Reichenberg-Ullman, Judyth, ND

- An Effective Homeopathic Remedy for Rabid Rage, #334 p.90-2
- Homeopathy for Acute Dental Pain, #337/338 p.112-13
- Homeopathy for Mitral Valve Prolapse Resulting From Rheumatic Heart Disease, #335 p.103-6
- Homeopathy for Morning Sickness, #336 p.96-7
- Now that Arnica Worked, There's a Wide World of Homeopathic Healing for You, #339 p.94-5
- Successful Homeopathic Treatment of Bipolar Disorder, #330 p.80-2
- Treating Psychic and Spiritual Children with Homeopathic Medicine, #331/332 p.104-6
- Treating Your Autism Spectrum Child with Homeopathy: An Introduction for Parents New to Homeopathic Medicine, #333 p.85-8
- Treatment of Anxiety, #340 p.86-8

- Make a Plan to Boost Healthy Behaviors, #335 p.30-1
- Personal Experience is a Great Convincer, #334 p.40-1
- Research Studies Show Value of Ayurvedic Methods, **online**, #333 p.17-18

Zand, Janet, L.Ac, OMD & Bryan, Nathan S., PhD

- Unique Combination of Beetroot and Hawthorn Berry Promotes Nitric Oxide Production and Reduces Triglycerides in Humans, #334 p.62-9

V

Vaman, Jagan N., MD & Saul, Andrew W.

- No Deaths from Vitamins - None at All in 27 Years, #339 p.19

Van Konynenburg, Richard A., PhD & Nathan, Neil, MD

- Treatment Study of Patients with Chronic Fatigue Syndrome and Fibromyalgia, based on the Glutathione Depletion-Methylation Cycle Block Hypothesis, #341 p.53-9

W

Wagner, Christian

- Vitamin C Fights Off Serious Viral Infection (letter), #333 p.78+

Wangen, Stephen, ND

- No Link Established Between GMOs and Celiac Disease (letter), #335 p.88

Watt, Helen, MD, MPH with Hudnall, Michael, MT

- Hepatitis B and C Anti-fibrotic Strategies - The Latest Science, #330 p.18

Wolfson, David, ND; Olmstead, Stephen, MD; Meiss, Dennis, PhD; Ralston, Janet, BS

- Natural Approaches to Modulation of Inflammatory Pathways, #335 p.48-55

Wright, Jonathan V., MD

- Eclampsia Prevention and Cure - and the Cover-Up That's Killing Tens of Thousands Each Year, #333 p.40-6
- The International Salt Secret That Could Save Your Heart--and Your Life, **online**
- The Mayo Clinic 'Advancement' That's Kept Hypothyroid Treatment Stuck in the Dark Ages, #340 p.47-9

Y

Yanick, Paul Jr., PhD

- Effective Clinical Solutions for Fibromyalgia, #341 p.120-1
- Extracellular Matrix Bioregulation and Stem Cell Regeneration, #340 p.91-2

Z

Zablocki, Elaine

- Acupuncture Effective in Community-Based Medical Practice, #340 p.18-19
- Cardio Crusaders Offer New Tools for Cardiac Health, **online**, #337/338 p.28-9
- Climate Change and Its Unrecognized Impact on Our Health, #341 p.23-4
- Complementary Practitioners Speak Out on Public Health, #331/332 p.26-7
- iMosaic Conference Offers Broad Exploration of Integrative Medicine, **online**, #336 p.42-3
- Integrative Consortium Hosts Historic Conference, **online**, #330 p.23-4
- IOM Calls for Transformation in Prevention and Treatment of Pain, **online**, #339 p.22-3