

Townsend Letter Author Index 2015

A

Abdin, Maria

Is There a Native Botanical Treatment for Ebola? (letter), #378 p.82

Ali, Majid, MD

Succinate Retention: The Core Krebs Dysfunction in Immune-Inflammatory Disorders, #388 p.84–5

Alschuler, Lise, ND

Integrative Treatment Considerations for Cancer-Treatment Related Cognitive Dysfunction, **online**, #381 p.50–3

Axelrod, Leslie, ND, L.Ac

Fibromyalgia, **online**, #388 p.53–5

B

Blaurock-Busch, E., PhD

Efrain Olszewer, MD, and Orthomolecular Medicine in South America, #387 p.18

Mobilization Tests and Urine Reference Ranges: An Overview, #378 p.33–5+

Brady, David M., ND, DC & Paul, Cristiana, MS

Inositol Modulation of Essential Metabolic Pathways of Insulin Resistance in Metabolic Syndrome, Polycystic Ovarian Syndrome, and Type 2 Diabetes, **online**, #385/386 p.101–8

Brown, Carol M., DO, PhD

Salicinium: A Powerful Biological Response Modifier in Cancer, #385/386 p.87–90

Budinger, Mary

The Integrative Cancer Toolbox, **online**, #385/386 p.47–50

Bush, Bradley, ND

An Innovative Option for Diagnosing Lyme: Pharmasan Labs' iSpot Lyme, **online**, #378 p.56–7

C

Cameron, Michelle, ND & Hudson, Tori, ND

Breast Density (a Risk Factor for Breast Cancer) and N-Acetylcysteine (abst), #385/386 p.126

Screening Mammography Guidelines Controversy Continues, #385/386 p.126–7

Vitamin D Suppositories in Vaginitis, Cervicitis, and Cervical Dysplasia (abst), #385/386 p.125

Carter, Katie, ND

Evidence-Based Medicine, #379/380 p.96–8

Chappell, L. Terry, MD; Neal, T. Rae, MSN; Paphanchith, Natallie, MSN

Complete Diabetes Care Now that We Have TACT, **online**, #382 p.46–53

Chappell, Terry, MD

In Memoriam: Paul Parente, DO, #385/386 p.18

Chasse, Jaclyn, ND

Dietary Supplements: Concern and Opportunity (ed), #385/386 p.111

Chetcuti, Trevor, DC; Cuthbert, Scott, DC *et al*

Correlation of Manual Muscle Tests and Salivary Hormone Tests in Adrenal Stress Disorder: A Retrospective Case Series Report, **online**, #378 p.44–50

Chmelik, Megan & Schor, Jacob, ND

Inositol for PCOS, **online**, #381 p.67–9

Collin, Jonathan, MD

Axelrod and Teitelbaum Discuss Fibromyalgia, **online**, #388 p.16

Best of Naturopathic Medicine Competition 2015, #379/380 p.13+

Cannabinoids: The New Mainstream Medicine?, #385/386 p.15

Chelation Revisited, #382 p.13

Coffee 'No-No' Advice is a 'No-No', #384 p.6+

Early Detection of Insulin Resistance, #378 p.13+

Ebola and Measles, #382 p.4+

FDA Threat for Compounding Pharmacies Heats Up, #381 p.13

Fecal Microbiota Transplantation, #381 p.8+

Green Smoothies and Kidney Stones, #389 p.15

Homeopathy Under Review by the FDA, #383 p.4+

How Much Should a Drug Cost?, #389 p.8+

The Hypertension Game, #383 p.10+

Irene Allegor, Former Editor of the *Townsend Letter*, #385/386 p.15

J. Craig Venter, PhD, #379/380 p.13

Lithium's Role in Brain Health, #387 p.15

Mitch Gaynor, MD, Integrative Oncologist Passes, #389 p.10

Monitoring Mercury Chelation in a Patient with Elevated Mercury Levels, #378 p.8+

My Farewell Thoughts for Dr. Oliver Sacks, **online**, #388 p.6+

National College of Naturopathic Medicine Visit, #382 p.6+

Nicholas Gonzales, MD, Passes, #387 p.6+

Off Into the Wild, Blue Yonder...No...LCD-10 Coding, #389 p.6

Oral Glutathione Supplementation Effective in Replenishing

Glutathione Stores, #378 p.6+

Physician Burnout, Physician Heal Yourself, **online**, #388 p.10+

Psilocybin with your Hospice Care?, #382 p.13

Ralph Moss's *Cancer Therapy: 20 Years Later*, #385/386 p.6+

Recent Deaths of Alternative Medical Practitioners, #387 p.8+

Retraction: Rowen R, Harper D, Robison R. The Antimicrobial Activity of Selected Silver Products. *Townsend Lett.* January 2015;378, **online**, #382 p.15

Rheumatoid Arthritis, #383 p.15

Sepsis in the Hospital and Intravenous Vitamin C, #387 p.10+

Theranos Lab Testing: Easier, Less Expensive, #379/380 p.6+

Thiamine: 'New' Wonder Drug for Fibromyalgia, **online**, #388 p.10+

To Vaccinate or Not to Vaccinate, #381 p.6+

Triple Negative Breast Cancer, #381 p.13

Unraveling the Enigma of Lyme Disease and Its Coinfections, #384 p.15

Water Cure and Peloid Therapy, #384 p.10+

Cowger, Christer; Weiss, Decker, NMD *et al*

Comprehensive Cardio Lab Work, #382 p.70–3

Cross, Jim, LAC, ND

Pinky and the Brain, **online**, #388 p.41–6

What Potentially Evil Molecule Is Actually Lurking in Your Dairy Products?, **online**, #379/380 p.77–82

Cuthbert, Scott, DC; Rosner, Anthony, PhD; Chetcuti, Trevor, DC; Gangemi, Steve, DC

Correlation of Manual Muscle Tests and Salivary Hormone Tests in Adrenal Stress Disorder: A Retrospective Case Series Report, **online**, #378 p.44–50

D

Darvish, Nooshin K., ND

Cancer and Lyme Disease: Is There a Connection?, **online**, #385/386 p.52–5

Davis, Mark, ND

The Medicine of the Microbiome, #379/380 p.83–7

Ducharme, Nicola McFadzean, ND

'Lyme Brain': Causes and Solutions, **online**, #387 p.58–62

E

Ellithorpe, Rita R., MD; Settineri, Robert, MS; Ellithorpe, Talon, BS; Nicolson, Garth L, PhD

Nutrient Supplement Enhances Natural Killer Cell Function in Women with Chronic Fatigue Syndrome and Fibromyalgia: Preliminary Report, #388 p.60–2

Ellithorpe, Talon, BS; Ellithorpe, Rita R *et al*

Nutrient Supplement Enhances Natural Killer Cell Function in Women with Chronic Fatigue Syndrome and Fibromyalgia: Preliminary Report, #388 p.60–2

F

Faass, Nancy, MSW, MPH

Treating for Stealth Viral Infections with Japanese Acupuncture

Townsend Letter Author Index 2015

- and Herbal Therapy: Butch Levy, MD, LAc, #383 p.79–83
- Faass, Nancy, MSW, MPH; Harris, Steven, MD; et al**
Dialogue: An Overview of Lyme Testing and Treatment, #384 p.86–91
- Faass, Nancy, MSW, MPH; Hughes, Kristi, ND et al**
Dialogue: Nutrigenomics and Personalized Medicine, #381 p.70–6
- Faass, Nancy, MSW, MPH & Kharrazian, Datis, DHSc, DC**
Identifying Early Signs of Neurodegeneration, #387 p.68–73
- Faass, Nancy, MSW, MPH; Weiss, Decker, NMD et al**
Comprehensive Cardio Lab Work, #382 p.70–3
- Ferri, William, MD**
Insulin Resistance as a Symptom, #384 p.40–5
- Ferris, Walton**
A Possible Treatment for Ebola, #389 p.72–5
- Fonorow, Owen**
Liposomal Vitamin C Worthy of Further Study (letter), #379/380 p.101
- Forsgren, Scott**
Unraveling the Mystery of Bartonellosis, **online**, #384 p.54–64
- Frost, Bob**
Probiotics vs. Heavy Metals: A Win for the Good Guys, **online**, #385/386 p.40–2
- Fry, Stephen E., MD**
Lyme Disease and Detection in 2015, #384 p.82–5
- ## G
- Gaby, Alan R., MD**
5-Hydroxytryptophan effective for Depression (abst), #378 p.30
The \$50,000 Physical (ed), #387 p.110
Acetyl-L-Carnitine for Dysthymia in the Elderly (abst), #387 p.38
Alpha-Linolenic Acid and Prostate Cancer (abst), #385/386 p.33+
Alpha-Lipoic Acid Promotes Weight Loss (abst), #384 p.33
Another Benefit of Chewing Your Food (abst), #379/380 p.33
Arachidonic Acid for Parasitic Infection (abst), #384 p.30+
Are Some Researchers Fabricating Data? (ed), #385/386 p.128
Associations Between Sodium and Potassium Intake and Risk of Cardiovascular Disease (abst), #382 p.32
Azelaic Acid for Acne (abst), #389 p.23
Bad News About Bisphenol A Substitutes (abst), #389 p.24
Beta-Carotene and Cancer: Not All Bad News (abst), #385/386 p.33
Butyrate for Diverticulosis (abst), #383 p.38
B Vitamins Enhance Response to Antidepressants (abst), #387 p.38+
Calcium Supplements Are Not Harmful to the Heart (abst), #381 p.28
Chewing Gum Improves Postoperative Recovery (abst), #378 p.32
Chewing Gum May Cause Headaches in Children (abst), #378 p.32
Curcumin for Ulcerative Colitis (abst), #389 p.24
Dietary Fatty Acids and Migraines (abst), #387 p.40
Ebola (ed), #378 p.104
Eicosapentaenoic Acid Prevents Arrhythmia After Acute Myocardial Infarction (abst), #382 p.32
Erroneous Basis for the Serum 25-Hydroxyvitamin D Reference Range? (abst), #381 p.26+
Existence of Non-Celiac Gluten Sensitivity-Confirmed (abst), #388 p.36
Fish Oil for Epilepsy (abst), #385/386 p.35
Folic Acid Versus Methylfolate, #381 p.97–9
Folic Acid, Vitamin B12 and Osteoporosis (abst), #389 p.22
Food Allergy Triggers Coronary Artery Spasm (abst), #382 p.32
Fructose and Abdominal Pain in Children (abst), #383 p.37
Ginger for Heavy Menstrual Bleeding (abst), #388 p.35
Ginkgo Biloba for Age-Related Cognitive Decline (abst), #387 p.38+
Gluten-Free Diet for Irritable Bowel Syndrome (abst), #383 p.36
Green Tea Extract for Uterine Fibroids (abst), #378 p.30+
Green Tea Extract for Xerostomia (Dry Mouth) (abst), #385/386 p.34
High-Dose Biotin for Multiple Sclerosis (abst), #387 p.40
Honey for Recovery Following Tonsillectomy (abst), #388 p.35+
How Your Food Is Cooked May Affect Your Health (ed), **online**, #384 p.118–19
Human Milk for Diaper Rash (abst), #379/380 p.32
The Illusion of the Asymptomatic Patient, #379/380 p.120
Interpreting Negative Research (abst), #379/380 p.32
Intravenous Iron for Heart Failure Patients (abst), #382 p.30
Intravenous Vitamin C for Severe Sepsis (abst), #384 p.30
Iron Deficiency and Female Sexual Dysfunction (abst), #381 p.26
Iron Deficiency in Patients with Coronary Artery Disease (abst), #389 p.23
Iron Depletion Improves Nonalcoholic Fatty Liver Disease (abst), #379/380 p.32+
Iron Supplementation for Chronic Urticaria (abst), #384 p.32+
Iron Supplementation for Restless Legs Syndrome (abst), #385/386 p.34+
L-Carnitine Supplementation for Women with Polycystic Ovary Syndrome (abst), #381 p.27+
L-Carnosine for Heart Failure (abst), #382 p.32
Lifestyle Changes May Improve Urinary Incontinence (abst), #388 p.34+
Low-FODMAPs diet Improves Symptoms of Irritable Bowel Syndrome (abst), #383 p.36
Low-Nickel Diet Helps Eradicate *Helicobacter* (abst), #384 p.30
Magnesium for Bone Health (abst), #383 p.38
Magnesium Improves Physical Performance of Elderly Women (abst), #381 p.28
Melatonin for Alzheimer's Disease (abst), #387 p.38
Melatonin for Endometriosis (abst), #378 p.31+
More on Wheat and Irritable Bowel Syndrome (abst), #383 p.37
N-Acetylcysteine for Autistic Children (abst), #387 p.39+
N-Acetylcysteine for Gambling Addiction (abst), #378 p.32
N-Acetylcysteine for Methamphetamine Addiction (abst), #385/386 p.35
N-Acetylcysteine Prevents Exacerbations in Chronic Obstructive Pulmonary Disease (abst), #379/380 p.32
Olive Oil Prevents Atrial Fibrillation (abst), #382 p.31+
Olive Oil Promotes Healing of Burns (abst), #388 p.36
Omega-3 Fatty Acids for Canker Sores (abst), #378 p.31
Pantethine Lowers Serum Cholesterol (abst), #379/380 p.31+
Pharmaceutical Industry Gouges Americans (ed), #383 p.110
Preventing Peanut Allergy (abst), #388 p.36
Probiotic for Diverticular Disease (abst), #379/380 p.31
Probiotic for Hepatic Encephalopathy (abst), #388 p.34
Probiotic for Nonalcoholic Fatty Liver Disease (abst), #385/386 p.34
Probiotic for Periodontal Disease (abst), #389 p.23+
Probiotic for Treatment of Acute Diarrhea (abst), #383 p.38
Probiotic Prevents Dental Caries and Gingivitis (abst), #379/380 p.31
Probiotic Prevents Infections in Preschool Children (abst), #383 p.37+
Selenium for Age-Related Cognitive Decline (abst), #387 p.40
The 'Structure-Function' Dysfunction (ed), #389 p.87–8
Sugar-Sweetened Beverages and Fatty Liver (abst), #389 p.24
Told You So (ed), #388 p.104
Too Much Iodine May Adversely Affect Thyroid Function (abst), #381 p.27
Ubiquinol and Parkinson's Disease (abst), #389 p.22+
Vitamin B12 for Chronic Hepatitis C (abst), #384 p.33
Vitamin B12: Which Routes of Administration and Which Forms Are Best? (ed), #382 p.102
Vitamin C Helps Children of Pregnant Smokers (abst), #381 p.27
Vitamin C Prevents Myocardial Injury During Angioplasty (abst), #378 p.31

Townsend Letter Author Index 2015

- Vitamin D and Influenza Prevention: Examining Conflicting Evidence (abst), #384 p.31+
- Vitamin D and Sunlight Are Not the Same (abst), #388 p.34
- Vitamin D: Could Toxicity Sneak Up on You? (abst), #385/386 p.35
- Vitamin D for Heart Failure Prevention (abst), #382 p.31
- Vitamin D Treatment of Heart Failure (abst), #382 p.30+
- Zinc for Atopic Dermatitis (Eczema) (abst), #384 p.32
- Zinc Increases Effect of Antidepressant Medication (abst), #381 p.28
- Gale, Richard & Null, Gary, PhD**
Food Fascists: GMO and Pesticide Manufacturers Down and Dirty, **online**, #378 p.75–6+
- Gangemi, Steve, DC; Cuthbert, Scott, DC et al**
Correlation of Manual Muscle Tests and Salivary Hormone Tests in Adrenal Stress Disorder: A Retrospective Case Series Report, **online**, #378 p.44–50
- Gedgudas, Nora T., CNS**
Navigating the Convoluted Road to and from Depression, #388 p.47–52
- Gerber, Michael, MD, HMD**
Anxiety, Depression, and Psychosis, #387 p.99
EAV: The Physician's Guide, #378 p.95–6
HCG and Pain Management, #388 p.95
Nevada Homeopathic and Integrative Medical Association 2014 Conference: Part 1, #379/380 p.110–11
Nevada Homeopathic and Integrative Medical Association 2014 Conference: Part 2, #381 p.90–2
Nevada Homeopathic and Integrative Medical Association 2014 Conference: Part 3, #383 p.102–3
- Glade, Michael J., PhD; Smith, Kyl, DC; Meguid, Michael M., MD, PhD**
Nutritional Antioxidants and Testosterone Secretion: Natural Methods to Increase Testosterone in Men, #389 p.41–3
- Goldman, Robert, MD, PhD, DO & Klatz, Ronald, MD, DO**
Advancements in Diagnostics to Assess Alzheimer's Disease, **online**, #378 p.26–7
An Anti-Aging Approach for Blood Pressure Management, **online**, #382 p.94–6
An Anti-Aging Approach for Men's Health, **online**, #389 p.80–2
An Anti-Aging Approach to Alzheimer's Disease, **online**, #387 p.97–8
An Anti-Aging Approach to Cancer: Harvest the Protective Potential of Foods, **online**, #385/386 p.118–20
An Anti-Aging Approach to Women's Health, **online**, #381 p.30–1
Anti-Aging Insights on Inflammation, **online**, #383 p.42–4
An Anti-Aging Perspective for Stroke Prevention, **online**, #388 p.93–4
Anti-Aging Skin-Saving Secrets, **online**, #384 p.110–11
The Harmony Between Naturopathic Medicine and Anti-Aging Medicine, #379/380 p.38–40
- Gordin, Karina**
Blood Goes Mainstream, #384 p.34–7
- Gordon, Garry F., MD, DO, MD(H)**
Are Metal Toxicity, Metabolic, and Genomic Tests Key to Improving Health?, #379/380 p.34–7
Cancer Screening Tests: More Harm than Good?, #378 p.86–8
Pueraria Mirifica: Nature's Safe Alternative to Estrogen Therapy, #381 p.85–9
- Gorter, Robert, MD, PhD & Peper, Erik, PhD**
Restoring Immune Function¹: Nontoxic Cancer Therapy Utilizing Dendritic Cells, #385/386 p.43–6
- Gould-Simon, Aron, MD; Nezami, M.A., MD et al**
Angiogenesis: Cause or Effect?, #385/386 p.92–3
- Greenblatt, James, MD & Grossmann, Kayla, RN**
Lithium: The Untold Story of the Magic Mineral That Charges Cell Phones and Preserves Memory, **online**, #387 p.63–7
- Grieder, Mischa, ND; Harris, Steven, MD et al**
Dialogue: An Overview of Lyme Testing and Treatment, #384 p.86–91
- Grossmann, Kayla, RN & Greenblatt, James, MD**
Lithium: The Untold Story of the Magic Mineral That Charges Cell Phones and Preserves Memory, **online**, #387 p.63–7
- Guggenheim, Alena, ND**
Review of Hormone Aberrations in Rheumatoid Arthritis and Systemic Lupus Erythematosus: Testing and Treatment Suggestions, **online**, #383 p.45–9
- ## H
- Hahn, Dr. John**
Complementary and Alternative Care for Allergies, #383 p.67–9
- Hamilton, Kirk**
Sepsis in the Hospital and Intravenous Ascorbic Acid: Interview with Alpha A. Fowler III, MD, #387 p.48–50
- Hammer, Leon I., MD**
Marijuana and Apathy (letter), #387 p.90+
- Harper, Dennis, DC; Rowen, Robert, MD et al**
The Antimicrobial Activity of Selected Silver Products
RETRACTED, **online**, #378 p.73–4
- Harris, Jeff, ND**
Neural Prolotherapy: An Effective Pain Therapy, **online**, #382 p.80–2
- Harris, Steven, MD; Grieder, Mischa, ND; Faass, Nancy, MSW, MPH**
Dialogue: An Overview of Lyme Testing and Treatment, #384 p.86–91
- Herington, Heather, ND**
Dr. Graves, We Can Heal Your Disease: A Love Letter to Naturopathic Doctors, #379/380 p.88–91
- Hetherington, James, ND; Ochi, Maiko, ND et al**
The Concern about B Vitamins Affecting the Oxidant Effect of Intravenous Ascorbate for Malignancy, #385/386 p.97–100
- Hofmann, Allison A., ND & Klinghardt, Dietrich K., MD**
Parasites: An Ancient Diagnosis for Modern Times, #384 p.46–9
- Holt, Stephen, MD, DSc**
Defining the Cannabis Revolution, #387 p.82–3
- Houston, Mark, MD**
Applying Nutrigenomics to Cardiovascular Medicine: Prevention and Treatment, #389 p.48–53
- Houston, Reagan, MS**
The Almost Perfect Chemotherapy, #385/386 p.61–6
- Huber, Gary, DO**
Can Endurance Sports Really Cause Harm? The Lipopolysaccharides of Endotoxemia and Their Effect on the Heart, **online**, #382 p.64–9
- Hudson, Tori, ND**
Comparison of Myo-Inositol and D-*Chiro*-Inositol in PCOS Women (abst), #384 p.115
Effects of Fish Oil and Vitamin B1 on Primary Dysmenorrhea (Menstrual Cramps) (abst), #388 p.101
Green Tea: Three More Uses, #389 p.83–4
Hormone Therapy and Blueberries and Cardiovascular Disease in Postmenopausal Women, #382 p.99–100
Important Evaluations in Women's Health, #378 p.99–101
Knee Osteoarthritis and Sesame Seeds (abst), #388 p.102
NAC in COPD; Multivitamin-Mineral Use and Cardiovascular Disease in Women, #383 p.107–8
Old Problems with New Research and Clinical Favorites from the Recent Past, #379/380 p.115–19
Omega-3s and Mental Health, #387 p.106–9
Oral Omega-3 for Dry Eye in Contact Lens Users (abst), #384 p.114+
Sample Treatment Strategies in Women's Health, #381 p.95–6
Vulvar Lichen Sclerosus: Treatment with Topical Avocado and Soybean Extracts (abst), #388 p.101+
- Hudson, Tori, ND & Cameron, Michelle, ND**
Breast Density (a Risk Factor for Breast Cancer) and N-Acetylcysteine (abst), #385/386 p.126

Townsend Letter Author Index 2015

Screening Mammography Guidelines Controversy Continues, #385/386 p.126–7

Vitamin D Suppositories in Vaginitis, Cervicitis, and Cervical Dysplasia (abst), #385/386 p.125

Hughes, Kristi, ND; Shapiro, Yael, PhD, RD; Faass, Nancy, MSW
Dialogue: Nutrigenomics and Personalized Medicine, #381 p.70–6

J

Jurasunas, Serge, ND, MD (Hom)

A Case of MELAS Syndrome Treated with Positive Results (letter), #383 p.93–4

The P53 Tumor Suppressor Gene: Understanding P53-Based Anticancer Therapies Utilizing Dietary Agents, #385/386 p.67–73

K

Kenner, Dan, PhD, LAC

Multifactorial Approaches to Lyme Infection, **online**, #384 p.74–80

Kharrazian, Datis, DHSc, DC & Faass, Nancy, MSW, MPH
Identifying Early Signs of Neurodegeneration, #387 p.68–73

Klatz, Ronald, MD, DO & Goldman, Robert, MD, PhD, DO
Advancements in Diagnostics to Assess Alzheimer's Disease, **online**, #378 p.26–7

An Anti-Aging Approach for Blood Pressure Management, **online**, #382 p.94–6

An Anti-Aging Approach for Men's Health, **online**, #389 p.80–2

An Anti-Aging Approach to Alzheimer's Disease, **online**, #387 p.97–8

An Anti-Aging Approach to Cancer: Harvest the Protective Potential of Foods, **online**, #385/386 p.118–20

An Anti-Aging Approach to Women's Health, **online**, #381 p.30–1

Anti-Aging Insights on Inflammation, **online**, #383 p.42–4

An Anti-Aging Perspective for Stroke Prevention, **online**, #388 p.93–4

Anti-Aging Skin-Saving Secrets, **online**, #384 p.110–11

The Harmony Between Naturopathic Medicine and Anti-Aging Medicine, #379/380 p.38–40

Klinghardt, Dietrich K., MD & Hofmann, Allison A., ND

Parasites: An Ancient Diagnosis for Modern Times, #384 p.46–9

Klotter, Jule

Amalgams, CFS, and FM (abst), #388 p.25

Aneuploidy in Cancer (abst), #385/386 p.19

Benign Prostatic Hyperplasia, Nocturia, and Physical Activity (abst), #389 17+, **online**

Bilateral Mastectomy (abst), #381 p.18

Bisphenol A (BPA) and the Heart (abst), #382 p.18

Brain Injury and Retinal Pathways (abst), #387 p.28

Cancer Research (abst), #385/386 p.19+

Chemicals in Feminine-Hygiene Products (abst), #381 p.23

Circumcision, HIV, and STDs (abst), **online**, #389 p.17

Counting Calories (abst), #381 p.23

Cytokines, Inflammation, and Depression (abst), #387 p.20

Disordered Sleep and Heart Disease (abst), #382 p.18+

Dried Plums for Bones (abst), #381 p.23+

Early Palliative Care (abst), #385/386 p.20+

Eye Movement Desensitization and Reprocessing (EMDR) and Trauma (abst), #387 p.20+

FDA Whistle-Blowers (abst), #378 p.22

Fish Oil-Based Drug for Vascular Scarring (abst), #382 p.23

Gallstones (abst), #383 p.19

Helicobacter Pylori and Crohn's Disease (abst), #383 p.19+

Helminths and Inflammation (abst), #383 p.20

Histamine Intolerance (abst), #383 p.20+

Hospital Microbe Environment (abst), #378 p.22–3

Hyperbaric Oxygen Therapy for Chronic Lyme (abst), **online**, #384 p.18

Hypofractionated Breast Irradiation (abst), #381 p.24+
Integrating Naturopathic and Allopathic Care (abst), #379/380 p.27

Intravenous Vitamin C and Cancer (abst), #385/386 p.27

Laryngopharyngeal Reflux and Pepsin (abst), #383 p.27+

Lion's Mane and Depression (abst), #387 p.27+

Metal Oxide Nanoparticles and Gut Microbiota (abst), #388 p.27+

Mitochondrial Dysfunction and Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (abst), #388 p.27

The Mitochondrial Free Radical Theory of Aging (abst), **online**, #389 p.20

Naturopathic Care Demographics (abst), #379/380 p.27+

Naturopathic Medicine and Cardiovascular Disease (abst), #379/380 p.28

Neonatal Gut Microbiota (abst), #381 p.25

New IOM Definition for Chronic Fatigue Syndrome (abst), #388 p.26+

Nigella Sativa (Black Cumin) (abst), #385/386 p.27+

Nutrigenomics (abst), #378 p.23+

Pain, Anger, and Compassion Meditation (abst), #388 p.28

Patient Perspectives of Naturopathic Care (abst), #379/380 p.28+

Phellinus Linteus and Cancer (abst), #382 p.23+

Phone Applications to Monitor Health (abst), #378 p.25

Polymerase Chain Reaction (PCR) Testing for Infectious Disease (abst), #378 p.24+

Public Health and Naturopathic Medicine Research Similarities (abst), #379/380 p.29+

Radical Remissions (abst), #385/386 p.28

Rapamycin, an Anti-Aging Drug? (abst), #389 18, **online**

Reversing Cognitive Decline (abst), #387 p.28+

Service Dogs for Vets with PTSD (abst), #389 18+, **online**

Sexual Transmission of Lyme? (abst), **online**, #384 p.18+

Skin Microbiota (abst), **online**, #384 p.19+

Slow Breathing and Heart Rate Variability (abst), #382 p.24

Successful Aging (abst), #389 19+, **online**

Sun Exposure and Skin Health (abst), **online**, #384 p.20

Tea Tree Oil in Dermatology (abst), **online**, #384 p.20+

Ticks and Biodiversity (abst), **online**, #384 p.27

Triglyceride Levels and Chronic Heart Failure (abst), #382 p.24+

Vegan Diet and Inflammation (abst), #383 p.28

Verifying Scientific Studies (abst), #378 p.25

Wellness Recovery Action Planning (WRAP) (abst), #387 p.29

Whole Body Cryotherapy and Fibromyalgia (abst), #388 p.26

Whole-Systems Research Challenges (abst), #379/380 p.30

Yoga and Heart Disease (abst), #382 p.25

Kohlstadt, Ingrid, MD, MPH

2015 Healthy Aging Summit: What's Coming and What's Not, #388 p.30–1

Applying Nanotechnology to Nutrition, #387 p.95–6

Bee Informed of the Health Benefits of Bee Gardens and Propolis, #378 p.90–1

A Classic Public Health Study Important for Today's Clinicians, #382 p.92–3

High Impact from Fresh Fruits, #385/386 p.122–3

Looking to Stay Healthy? 'Apply Here', #379/380 p.102–3

The 'Nutrition Takes Guts' Approach Facilitates Health Care Reimbursement, #383 p.104–5

Plant Nutrients Can Boost Metabolic Resolve, #381 p.32–3

Shifting Plates: Personalized Health Amidst Global Climate Change, #384 p.28–9

Special Coverage of the Natural Products Expo East, #378 p.15

Spirituality as an Age-Well Strategy, #389 p.78–9

L

Lahr, John W., OD

Omega-3s' Therapeutic Impact on Eye Care, **online**, #382 p.42–5

Lamson, Davis W., MS, ND

A Case of Essential Tremor Resolving with Reduction of Toxic Metals, #389 p.71

Townsend Letter Author Index 2015

- Lamson, Davis W., MS, ND; Ochi, Maiko, ND et al**
The Concern about B Vitamins Affecting the Oxidant Effect of Intravenous Ascorbate for Malignancy, #385/386 p.97–100
- Lander, Daniel, ND**
Let's Talk About Sex: the Effects of Prostate Cancer on Sex, Men, and Their Relationships, **online**, #385/386 p.94–6
- Larsen, Pushpa, ND**
Early Detection of Insulin Resistance for Improved Patient Outcomes, **online**, #378 p.61–7
- Lee, Joz**
An Unjust Attack on Greens (letter), #383 p.92
- Levine, Stephen, PhD & Pall, Martin L., PhD**
Nrf2 Is a Master Regulator of Cytoprotective Responses Including Antioxidant, Anti-Inflammatory, Detoxification, Improved Mitochondrial Function, and Autophagy, **online**, #387 p.51–7
- Lobay, Douglas, ND**
Mannitol as Effective as D-Mannose in Treating Urinary Tract Infections (letter), #384 p.104–5
Rauwolfia in the Treatment of Hypertension, **online**, #382 p.37–40
Red Yeast Rice in the Treatment of Hyperlipidemia, **online**, #389 p.63–6
- Lodi, Thomas, MD, MD(H)**
Green Smoothie Bliss: Was Popeye Secretly on Dialysis?, #389 p.28–32+
- Lombard, Jay, DO**
Epigenetics: Nature Meets Nurture in Psychiatry, #387 p.87–9
- M**
- MacArthur, John D.**
Placental Fluorosis: Fluoride and Preeclampsia, **online**, #382 p.74–9
- MacDonald, Barbara, ND, LAC**
What Is Triple-Negative Breast Cancer?, **online**, #381 p.54–60
- Marchese, Marianne, ND**
Breast Lumps: Clinical Pearls and Perils, **online**
Cadmium Accelerates Aging (abst), #388 p.32
Can the Environment Cause Cancer? Myth versus Fact, #385/386 p.30–2
Chemicals and Cognition: Memory, Concentration, Behavior, and Learning, **online**
Chronic Fatigue Syndrome and Chemicals in Food, **online**
Drinking Canned Beverages Raises Blood Pressure (abst), #388 p.32+
The Inflammatory Effects of Carrageenan - A Food Additive, #383 p.40–1
Oral Contraceptives and Female Sexual Dysfunction, **online**, #381 p.38–40
Updates to the Fourth Report on Human Exposure to Environmental Chemicals, #378 p.28–9
Vaginal Hygiene Products Are a Source of Phthalate Exposure (abst), #388 p.33
- McWilliams, Prof. Charles**
Naturopathy: Its Roots in Monastic Medicine, #383 p.90–1
- Meguid, Michael M., MD, PhD; Glade, Michael J., PhD et al**
Nutritional Antioxidants and Testosterone Secretion: Natural Methods to Increase Testosterone in Men, #389 p.41–3
- Melamed, Felix, MS & Melamed, Peter, PhD**
Acidity Kills the Pancreas, **online**, #385/386 p.74–80
- Melamed, Peter, PhD & Melamed, Felix, MS**
Acidity Kills the Pancreas, **online**, #385/386 p.74–80
- Meletis, Chris D., ND & Wilkes, Kimberly**
Mitochondria: Overlooking These Small Organelles Can Have Huge Clinical Consequences in Treating Virtually Every Disease, **online**, #383 p.50–6
The Neuroendocrine Theory of Aging: Minimizing Chronic Stress to Prevent the Degenerative Diseases of Age, #389 p.58–62
- Moss, Ralph W., PhD**
Cancer and Its Strange Metabolism, #382 p.26–8
- Chaga Mushroom and Cancer, #381 p.34–6
ECTO-NOX Proteins: Growth, Cancer and Aging, #388 p.96–8
Exciting New Tests for Cancer, #385/386 p.36–9
Herbes de Provence Against Aging, #387 p.42
Itraconazole vs. Cancer, #387 p.43
War on Cancer, #383 p.32–4, #387 p.41
- Mountjoy, Kimberly, MS & Schaller, James, MD**
Advanced 2015 *Babesia* Care: Profound Testing Defects and Preventing Disability and Death, **online**, #384 p.66–73
- Murphy, Allison**
Compounding Reform: Practical Implications and the Ripple Effect Will Compounding Pharmacies Survive?, #381 p.42–5
- Murphy, Megan, CAP & Trindade, Filomena, MD**
The Gut Microbiome: Your Mood's Micromanager?, **online**, #387 p.74–81
- N**
- Neal, T. Rae, MSN; Chappell, L. Terry, MD et al**
Complete Diabetes Care Now that We Have TACT, **online**, #382 p.46–53
- Neuman, Diane**
Thank You for Mitochondria Article (letter), #388 p.86
- Nezami, M.A., MD; Stobbe, Daniel E., MD; Gould-Simon, Aron, MD**
Angiogenesis: Cause or Effect?, #385/386 p.92–3
- Nicolson, Garth L., PhD; Ellithorpe, Rita R. et al**
Nutrient Supplement Enhances Natural Killer Cell Function in Women with Chronic Fatigue Syndrome and Fibromyalgia: Preliminary Report, #388 p.60–2
- Null, Gary, PhD**
Breast Cancer: These Natural Solutions Could Save Your Life, #385/386 p.109–10
- Null, Gary, PhD & Gale, Richard**
Food Fascists: GMO and Pesticide Manufacturers Down and Dirty, **online**, #378 p.75–6+
- O**
- Ochi, Maiko, ND; Hetherington, James, ND; Lamson, Davis W., MS, ND**
The Concern about B Vitamins Affecting the Oxidant Effect of Intravenous Ascorbate for Malignancy, #385/386 p.97–100
- Olmstead, Stephen F., MD**
 α -cyclodextrin and Metabolic Disorders, **online**, #382 p.34–6
- Othmer, Siegfried, PhD & Othmer, Susan F., BA**
The Growing Role of Neurofeedback in Integrative Medicine, **online**, #388 p.67–73
- Othmer, Susan F., BA & Othmer, Siegfried, PhD**
The Growing Role of Neurofeedback in Integrative Medicine, **online**, #388 p.67–73
- Øverbye, Bjørn Johan, MD**
Lyme Disease: A Microscopist's Search for an Antibiotic-Free Solution, #384 p.50–1
- P**
- Pall, Martin L., PhD & Levine, Stephen, PhD**
Nrf2 Is a Master Regulator of Cytoprotective Responses Including Antioxidant, Anti-Inflammatory, Detoxification, Improved Mitochondrial Function, and Autophagy, **online**, #387 p.51–7
- Paphanchith, Natallie, MSN; Chappell, L. Terry, MD et al**
Complete Diabetes Care Now that We Have TACT, **online**, #382 p.46–53
- Paul, Cristiana, MS & Brady, David M., ND, DC**
Inositol Modulation of Essential Metabolic Pathways of Insulin Resistance in Metabolic Syndrome, Polycystic Ovarian Syndrome, and Type 2 Diabetes, **online**, #385/386 p.101–8
- Penberthy, W. Todd, PhD**
Laropiprant Is the Bad One; Niacin Is/Was/Will Always Be the Good One, #384 p.16–17

Townsend Letter Author Index 2015

Peper, Erik, PhD

Pain as a Contextual Experience, #388 p.63–6

Pettit, Janet Reed

Reader Seeks Help with Neurofibromatosis-1 (letter), #384 p.105

Plechner, Dr. Al

Elevated Estrogen is Feared by the Medical Profession; However, the Medical Profession Does Not Measure Total Estrogen (letter), #381 p.79–80

Prousky, Jonathan E., ND

The Manifestations and Triggers of Mental Breakdown, and Its Effective Treatment by Increasing Stress Resilience with Psychosocial Strategies, Therapeutic Lifestyle Changes, and Orthomolecular Interventions, #379/380 p.54–66

R

Reichenberg-Ullman, Judyth, ND & Ullman, Robert, ND

Homeopathy: Affordable Medicine, #387 p.103–5
Homeopathy for Climbing a Volcano?, #381 p.82–4
Homeopathy for Surviving a Volcanic Eruption, #383 p.99–101
The Long-Term Benefits of Homeopathic Care, #378 p.92–4
Now Is the Time to Make Yourself Heard to Safeguard the Freedom of Homeopathy in the US, **online**, #383 p.95–7

Repola, Laura, ND

Solar Cycles and Moon Medicine, #379/380 p.92–5

Robison, Richard, PhD; Rowen, Robert, MD *et al*

The Antimicrobial Activity of Selected Silver Products
RETRACTED, **online**, #378 p.73–4

Roman, Margo, DVM

Ozone Therapy Used Instead of Antibiotics for Microbiome Restorative Therapy Yields Successful Outcomes for Dogs and Cats with Fecal Transplants, #384 p.92–7

Romm, Aviva, MD

The Impact of Diet and Nutrition on Ovulatory Infertility, **online**, #381 p.46–8

Rosner, Anthony, PhD; Cuthbert, Scott, DC *et al*

Correlation of Manual Muscle Tests and Salivary Hormone Tests in Adrenal Stress Disorder: A Retrospective Case Series Report, **online**, #378 p.44–50

Rowen, Robert, MD; Harper, Dennis, DC; Robison, Richard, PhD

The Antimicrobial Activity of Selected Silver Products
RETRACTED, **online**, #378 p.73–4

S

Sandberg-Lewis, Steven, ND & Siebecker, Allison, ND

SIBO: Dysbiosis Has a New Name, #379/380 p.67–76

Sanders, Kimberly M., ND & Schor, Jacob, ND

Junk Food May Reduce Heart Attack Deaths, #388 p.38–40

Saporta, Diego, MD

Low-Dose Allergen Immunotherapy (LDA) vs. Subcutaneous Injection Immunotherapy: A Comparative Study, #383 p.62–6

Saputo, Len, MD

A Breakthrough in Using Light Therapy to Treat Neuropathies, **online**, #388 p.74–8

Saul, Andrew W., PhD

No Deaths from Vitamins, Absolutely None: 31 Years of Supplement Safety Once Again Confirmed by America's Largest Database, #381 p.16

Schaller, James, MD & Mountajoy, Kimberly, MS

Advanced 2015 *Babesia* Care: Profound Testing Defects and Preventing Disability and Death, **online**, #384 p.66–73

Schor, Jacob, ND

'Annual Updates in Environmental Medicine' 2015: Poor Choice in Names But One Useful Conference!, #382 p.14+
Bleach and Biome: Mice Studies Prove Interesting, #378 p.58–60
How Much Salt?, #387 p.44–6
Naturopathic Medicine People of 2015, #379/380 p.41–4
Protein Intake and Mortality: New Research Says to Eat a Low-Protein Diet Until Age 65 Then Switch to High-Protein Diet,

online, #384 p.38–9

The Shifting Paradigms of Diet and Cancer, #389 p.67–70

Standing Up for Health, **online**, #383 p.70–2

Targeting the IGF-1 Pathways, **online**, #385/386 p.56–60

Schor, Jacob, ND & Chmelik, Megan

Inositol for PCOS, **online**, #381 p.67–9

Schor, Jacob, ND & Sanders, Kimberly M., ND

Junk Food May Reduce Heart Attack Deaths, #388 p.38–40

Settineri, Robert, MS; Ellithorpe, Rita R. *et al*

Nutrient Supplement Enhances Natural Killer Cell Function in Women with Chronic Fatigue Syndrome and Fibromyalgia: Preliminary Report, #388 p.60–2

Shapiro, Yael, PhD, RD; Hughes, Kristi, ND *et al*

Dialogue: Nutrigenomics and Personalized Medicine, #381 p.70–6

Shaw, William, PhD

The Green Smoothie Fad: This Road to Health Hell is Paved with Toxic Oxalate Crystals, **online**, #378 p.52–5

Siebecker, Allison, ND & Sandberg-Lewis, Steven, ND

SIBO: Dysbiosis Has a New Name, #379/380 p.67–76

Simone, Charles B., MD

Transmission of Infectious Disease During Air Travel, #378 p.18

Smith, Kenneth

DNA Methylation and the Global Genome, #383 p.57–61

Smith, Kyl, DC; Glade, Michael J. *et al*

Nutritional Antioxidants and Testosterone Secretion: Natural Methods to Increase Testosterone in Men, #389 p.41–3

Smith, Pamela W., MD, MPH

PCOS: A Common Endocrine Disorder, #381 p.61–6

Stauth, David

Vitamin E Intake Critical During 'the First 1000 Days', #381 p.15

Stobbe, Daniel E., MD; Nezami, M.A., MD *et al*

Angiogenesis: Cause or Effect?, #385/386 p.92–3

Sunnen, Gérard V. MD

Tummo Meditation Versus Autogenic Training: Visceral Nervous System Self-Regulation, East and West, and Implications for Integrative Psychotherapy, #388 p.79–82

T

Teitelbaum, Jacob, MD

Effective Treatment for Chronic Fatigue Syndrome and Fibromyalgia: An Overview and 35 Treatments for Tough Cases, #388 p.56–9

Teta, Jade, ND & Teta, Keoni, ND

Male Muscle Building, #389 p.26–7

Teta, Keoni, ND & Teta, Jade, ND

Male Muscle Building, #389 p.26–7

Tiekert, Carvel, DVM

Of Milk and Microbiomes (letter), #383 p.92
Vaccines, Vaccinosis, and Tautodes, **online**, #383 p.84–5

Tips, Scott C., JD

Hot Times in Geneva: Or, How to Force More Drug III Effects on Billions of People and Make Tons of Money, #388 p.18–20
Roman Horror-Day: Organic Standards Take a Beating at Codex, #382 p.88–9

Trindade, Filomena, MD & Murphy, Megan, CAP

The Gut Microbiome: Your Mood's Micromanager?, **online**, #387 p.74–81

Trowbridge, John Parks, MD

Managing Cardiovascular Diseases, **online**, #382 p.54–63

U

Ullman, Dana, MPH

Not All Homeopaths Object to Coffee (letter), #387 p.91

Ullman, Robert, ND & Reichenberg-Ullman, Judyth, ND

Homeopathy: Affordable Medicine, #387 p.103–5
Homeopathy for Climbing a Volcano?, #381 p.82–4
Homeopathy for Surviving a Volcanic Eruption, #383 p.99–101

Townsend Letter Author Index 2015

The Long-Term Benefits of Homeopathic Care, #378 p.92-4
Now Is the Time to Make Yourselves Heard to Safeguard the
Freedom of Homeopathy in the US, **online**, #383 p.95-7

W

Weber, Charles

Potassium to Cure RA (letter), #378 p.82

Wedam, Norene

Kudos to Authors of Ebola Article (letter), #378 p.82

Weiss, Decker, NMD; Cowger, Christina; Faass, Nancy, MSW

Comprehensive Cardio Lab Work, #382 p.70-3

Wilkes, Kimberly, ND & Meletis, Chris D., ND

Mitochondria: Overlooking These Small Organelles Can Have
Huge Clinical Consequences in Treating Virtually Every
Disease, **online**, #383 p.50-6

The Neuroendocrine Theory of Aging: Minimizing Chronic Stress
to Prevent the Degenerative Diseases of Age, #389 p.58-62

Williams, Rose Marie, MA

Lice and Fukushima Updates, #387 p.33-4+

Wood, Sara, ND

Insulin Resistance: The Unintended Consequence of Fat Phobia
and the Case for Ketosis, **online**, #383 p.86-9

Traumatic Brain Injury: Recognition and Treatment Options for
Mild Injury and What Can We Learn from Failed Clinical Trials,
online, #389 p.44-7

Wright, Jonathan V., MD

All Hormone Testing Methodologies Have Strengths and
Weaknesses (letter), #379/380 p.100

'Hidden' HCG Breakthrough May-for the First Time Ever-Totally
Eliminate or Control Excruciating Endometriosis, #381 p.77-8

Wyatt, Douglas A.

Bovine Colostrum and Immune Modulation: Managing Viral
Threats with PRPs **RETRACTED**, #378 p.69-72

Bovine Colostrum: The Anti-Aging Revolution: What Athletes Can
Teach Us About Staying Young Part 1, **online**, #389 p.54-6

Y

Yurkovsky, Savely, MD

FCT Documented Case of an Apparently Reversed Heart
Disease in a Junk-Food Addict with Obesity Diabetes, Thanks
to Cause-Based Approach to Chronic Diseases, #382 p.84-7

Field Control Therapy: Apparent Documented Reversal of
Crohn's Disease and Prompt Cure of Longstanding Irritable
Bowel Syndrome, #383 p.74-8

Field Control Therapy: Successful Approach to Lyme Disease
and Coinfections - Part 1, #384 p.99-102

Field Control Therapy: Successful Approach to Lyme Disease
and Coinfections - Part 2, #385/386 p.82-5

Field Control Therapy: Successful Treatment of a Variety of Brain
Disorders, #387 p.84-6

Z

Zablocki, Elaine

Acupuncturist Advocates Balanced Lifestyle, Nonjudgmental
Mind, #383 p.30-1

Cleveland Clinic Opens Center for Functional Medicine, #379/380
p.18+

Finding Health Insurance Information When You Need It, #378
p.20-1

Functional Medicine Poised for Growth, #387 p.30-2

Zava, David T.

Steroid Hormone Testing in Different Body Fluids, **online**, #378
p.40-3