

Townsend Letter Book Review Index 2015

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- Cancer Free! Are You Sure?* by Jenny Hrbacek, RN
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- Cannabis for Lyme Disease and Related Conditions: Scientific Basis and Anecdotal Evidence for Medicinal Use* by Shelley M. White
(reviewer: none), #385/386 p. 114–15
- The Chronic Cough Enigma* by Jamie Koufman, MD
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- The Coconut Ketogenic Diet* by Dr. Bruce Fife
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- The Complete Guide to Beating Sugar Addiction* by Jacob Teitelbaum, MD, and Chrystle Fiedler
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- Cure Your Child with Food: The Hidden Connection Between Nutrition and Childhood Ailments* by Kelly Dorfman, MS, LND
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- The Good Fight: a Story of Cancer, Love and Triumph* by Greg Holmes, PhD and Katherine Roth, MD
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- Holistic Solutions for Anxiety & Depression in Therapy* by Peter Bongiorno
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- The Microbiome Diet* by Raphael Kellman, MD
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- The Power of Habit: Why We Do What We Do in Life and Business* by Charles Duhigg
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- Slow Medicine: Hope and Healing for Chronic Illness* by Michael Finkelstein, MD
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- Stop Autism Now!* by Dr. Bruce Fife
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- Tripping over the Truth: The Return of the Metabolic Theory of Cancer Illuminates a New and Hopeful Path to a Cure* by Travis Christofferson
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- Watch Your Back!* by Richard A. Deyo, MD
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- The Whole-Food Guide for Breast Cancer Survivors: A Nutritional Approach to Preventing Recurrence* by Edward Bauman, MEd, PhD, and Helayne Waldman, MS, EdD
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