



# Healthy Parents, Healthy Children:

*Healing the Next Generation.  
Approaches to Infertility and  
Childhood disorders*

**October 23-27, 2019**  
Toronto Marriott Eaton Center



[www.icimed.com](http://www.icimed.com)

We all learned in high school biology that for something to be considered “living”, it needs to have 7 key traits: Homeostasis, Organization, Metabolism, Growth, Adaptation, Response to Stimuli, and Reproduction. It seems that humans are having a harder and harder time on the last one: reproduction. If you have seen the post-apocalyptic 2006 movie “Children of Men”, you will recall that the world falls apart when humans can no longer reproduce. What happens to us then? Do we fail to become “living organisms”? Do we face extinction like so many species before us? What about those who are able to have children, but with such difficulties and such complications that it cripples our society?

One of Einstein’s many famous quotes were “We cannot solve our problems with the same level of thinking that created them.” Our Medical Industrial Complex helped create this problem and we need to look beyond this paradigm to help solve it.

The conference was designed to help develop an understanding of what the problem is. Once we understand the underlying issues - the root causes - we can better understand the solutions. Central themes of the conference are Toxic burden, Nutritional insufficiency, and Epigenetics.

Most ICIM members are family physicians that specialize in integrative medicine. Join us for rejuvenating new ideas, and tools to build new hope at “*Healthy Parents, Healthy Children; Healing the Next Generation. Approaches to Infertility and Childhood disorders*” to Toronto.



**Sajad Zalzal, MD**