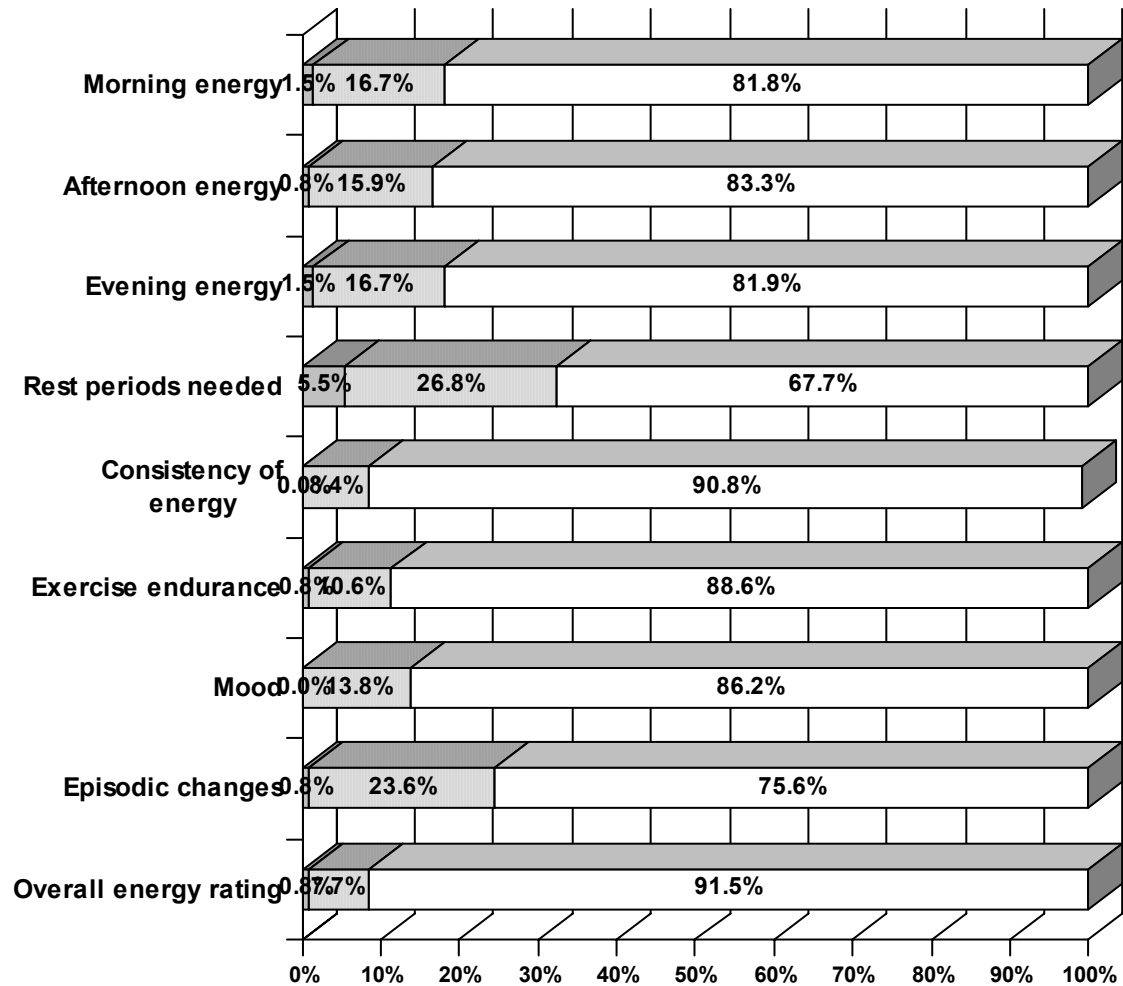


**Figure 5. Participants' Assessment of Change in Energy Function**



	Overall energy rating	Episodic changes	Mood	Exercise endurance	Consistency of energy	Rest periods needed	Evening energy	Afternoon energy	Morning energy
Improved	91.50%	75.60%	86.20%	88.60%	90.80%	67.70%	81.90%	83.30%	81.80%
No Change	7.70%	23.60%	13.80%	10.60%	8.40%	26.80%	16.70%	15.90%	16.70%
Worse	0.80%	0.80%	0.00%	0.80%	0.00%	5.50%	1.50%	0.80%	1.50%

■ Worse ■ No Change □ Improved