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known then (while on active duty in the military), what I know now, I could have taken better care of myself. More importantly, I could have taken better care of my soldiers. My new mission is to share this message, raise awareness and make a difference."

During the conference, a resolution was presented to NFWL members, urging their leadership to increase access to and support for the services of natural medicine (chiropractic, acupuncture, naturopathy and homeopathy, nutritional supplements, etc.) for our nation's veterans.

Kosterman told the legislators, "We need to keep focused on the things that move us forward. Women are willing to explore new solutions and these solutions lie within what whole food nutrition and integrative medicine can do for us. As leaders, we are all responsible to carry this message of hope forward."

Women are quickly approaching 10% of the nation's 23 million veterans. America's returning women warriors are exhibiting many unique effects of deployment and combat, creating new challenges for the VA, both primary care and behavioral health providers, and policy makers. According to the VA, lifetime female health-care expenses are a third higher than male expenses, a higher proportion of female veterans are diagnosed with mental health problems than male veterans, and health-care quality scores related to contributors of cardiovascular disease risk were worse for women veterans when compared with male veterans.

For these reasons and more, Standard Process has been working with women veteran not-for-profit organizations, state VA offices, and WestCare Foundation to bring awareness and access to natural solutions for health and well-being. The company's mission is to provide a unique, holistic health care support for military and veteran organizations. The focus is on patient-centered care through education and training.

For more information about the panelists, visit the following websites: STEADFAST Leadership: www.beckyhalstead.com; Girls, Gals, Gurus: www.girlsgalsgurus.com; WestCare Foundation: www.westcare.com; and Dr. Lafferty: www.drlynnlafferty.com. ◆

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