Figure 1: Data for the various types of detoxes are expressed in percentage of respondents out of 390. "Other" was unspecified. The X-axis represents types of detoxes, while the Y-axis represents percentage of respondents who completed each type.

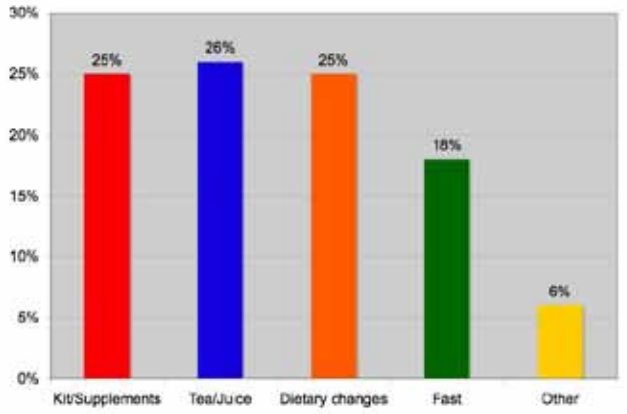

Figure 2: Data for the goals of detox are expressed in percentage of respondents out of 390. "Other" was unspecified. The X-axis represents the various goals for completing a detox, while the Y-axis represents percentage of respondents.

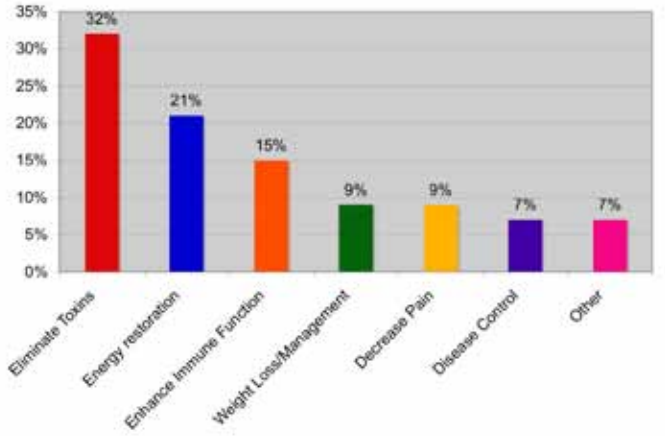

Figure 3: This figure shows the detox goals. Percentage (Y-axis) is the number of respondents out of 13.

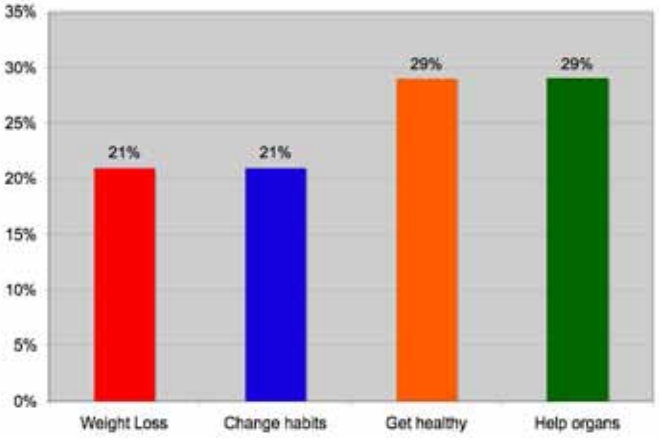

Figure 4: This figure depicts the types of the detoxes completed by participants (n = 13).

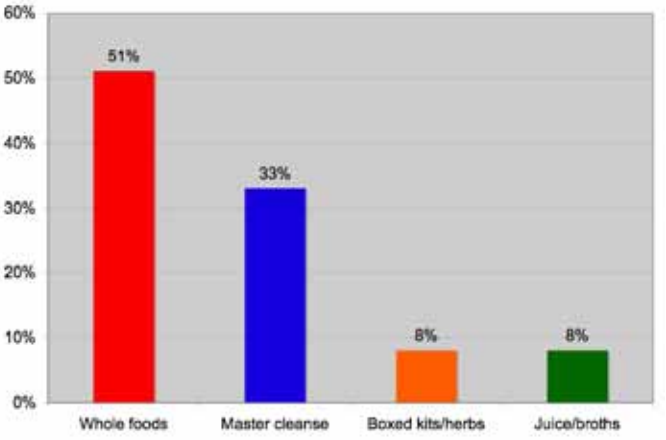

Figure 5: These data depict symptoms during the detox reported by the Nature Cure class. The red diamond line represents energy, the blue square line represents mental clarity, the yellow triangle line represents mood, and the green circle line represents sleep. The X-axis represents the rating scale (1: Poor, 2: Mediocre, 3: Fair, 4: Good, 5: Excellent), and the Y-axis represents the number of days of the detox.

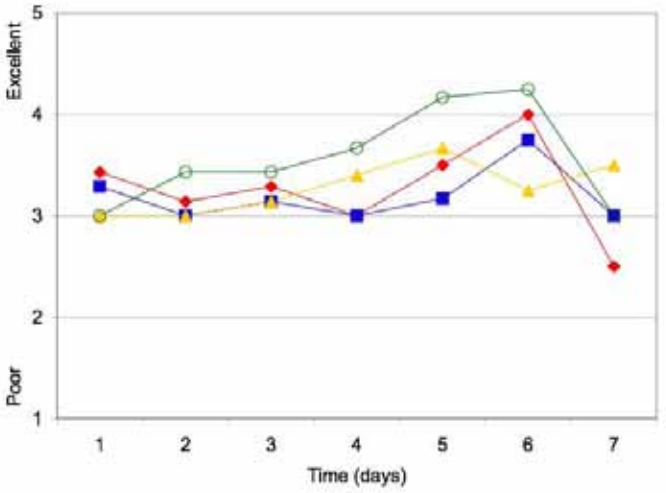
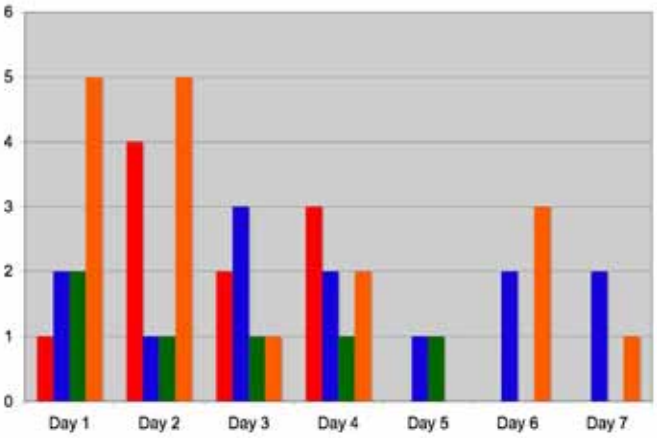
Figure 6: These data depict symptoms during the detox reported by the Nature Cure class. The red column represents headache, the blue column represents muscle aches, the green column represents joint pain, and the orange column represents hunger. The X-axis represents the number of respondents reporting each symptom, and the Y-axis represents the number of days of detox.